

## Ambleside Guides Race Results - 30 July 2009

### SENIORS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	693	Simon	Bailey	Man	14:41	Mercia	1st Man
2	687	Tom	Addison	MU23	15:17	Helm Hill	2nd Man
3	681	Mark	Addison	MU23	15:33	Helm Hill	3rd Man
4	85	Brendon	Taylor	Man	16:01	Rosendale Harriers	
5	97	Lee	Athersmith	Man	16:07	U/A	
6	638	Rick	Stuart	MV45	16:13	Kendal	1st MV40
7	29	James	Mountain	MU23	16:41	Skipton AC	
8	31	Chris	Edis	Man	16:47	Keswick AC	
9	47	Mark	Croasdale	MV40	16:49	Lancaster & Morecambe	
10	682	Chris	Waters	Man	16:55	Ambleside	
11	68	Matthew	Fretwell	MU23	17:01	Settle Harriers	
12	22	Lee	Passco	Man	17:04	Blackburn Harriers	
13	76	Lee	Proctor	Man	17:08	Helm Hill	
14	51	Alan	Life	MV40	17:19	Clayton-le-Moors	
15	25	Andy	Trigg	MV45	17:21	Pennine Fell Runners	631
16	90	Billy	Proctor	MV50	17:32	Helm Hill	1st MV50
17	67	Iain	Gibbons	Man	17:42	Wharfedale Harriers	
18	98	Matthew	Athersmith	MU23	17:44	U/A	
19	82	Ben	Proctor	Man	17:58	Helm Hill	
20	634	Steve	Turland	MV40	18:00	0	
21	87	Jack	Holt	MV50	18:48	Clayton-le-Moors	
22	646	Eric	Fowler	MV45	19:10	Nuneaton Harriers	
23	49	Carl	Bradshaw	MV40	19:34	Wharfedale Harriers	
24	688	Mark	Willis	MV45	19:48	0	
25	73	John	Marsh	MU23	19:56	Skipton AC	
26	630	Philip	Mason	MV45	19:58	U/A	
27	680	Shaun	Addison	MV45	20:02	Helm Hill	
28	21	Tim	Done	MV45	20:28	Keighley & Craven AC	
29	57	Barry	Scholes	MV50	20:31	Wharfedale Harriers	
30	676	John	Walker	MV45	20:38	CFR	
31	689	Robin	Steels	Man	20:41	0	
32	679	Rosie	Stuart	LU23	20:44	Keswick	1st Lady
33	632	Ian	Cullen	MV40	20:51	0	
34	75	James	Riley	Man	20:59	Todmorden Harriers	
35	14	Thod	Gibson	MV45	21:10	Wharfedale Harriers	
36	672	Mike	Addison	MV40	21:30	Helm	
37	686	Paul	Smithson	MV40	21:49	Keighley & Craven	
38	685	Ian	Greenfield	Man	21:58	U/A	
39	27	Stephen	Fish	MV50	22:10	Accrington Road Runners	695
40	692	Kenny	Forster	MV45	22:52	Spectrum	
41	174	Judith	Marshall	Lady	23:14	Settle Harriers	2nd Lady
42	13	Paul	Sessford	MV40	23:20	Keighley & Craven AC	
43	200	Val	Done	LV40	23:24	Wharfedale Harriers	3rd Lady/1st LV
44	182	Carol	Life	LV40	23:53	Clayton-le-Moors	
45	674	Selwyn	Wright	MV50	24:09	Ambleside	
46	611	Ian	Davis	MV50	24:31	U/A	
47	684	Ruth	Hetherington	Lady	24:32	West Cheshire	
48	633	Stuart	Burthem	MV40	25:09	0	
49	652	Alison	Read	Lady	25:18	U/A	
50	639	Tim	Farrow	Man	25:26	Dallam	

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51	683	Andrew	Hetherington	Man	25:55	West Cheshire	
52	678	Royce	Carter	Man	26:03	U/A	
53	197	Sue	Narey	LV40	26:07	Bingley Harriers	
54	635	Mark	Birbeck	Man	26:19	Preston	
55	62	Denis	Wood	MV50	26:24	Borrowdale	
56	691	Hani	Saleh	Man	27:16	Saudi Arabia	
57	196	Lynn	Whittaker	LV40	27:17	Wharfedale Harriers	
58	5	Raj	Madhas	MV40	27:44	Wharfedale Harriers	
59	690	Gina	Baileys	Lady	27:57	0	
60	178	Debbie	Cox	LV40	31:06	Keighley & Craven AC	
61	607	Rob	Berry	MV50	35:22	Great Langdale AC	

### UNDER 17

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	677	Tom	Doyle	Boy	11:11	Helm Hill	1st Boy
2	71	Jonathan	Bradshaw	Boy	11:16	Wharfedale Harriers	2nd Boy
3	675	Rory	Addison	Boy	11:33	Helm Hill	3rd Boy
4	73	Thomas	Sessford	Boy	11:37	Keighley & Craven AC	
5	53	Marc	Scott	Boy	11:45	Richmond & Zetland	
6	52	Ryan	Croasdale	Boy	11:46	Lancaster & Morecambe	
7	76	Jack	Smith	Boy	11:48	Wharfedale Harriers	
8	54	Will	Marshall	Boy	11:51	Wharfedale Harriers	
9	618	Jos	Addison	Boy	11:57	Helm Hill	
10	628	Peter	Harrison	Boy	12:15	Border Harriers	
11	67	Luke	Croasdale	Boy	12:33	Lancaster & Morecambe	
12	606	Nathan	Thompson	Boy	12:36	0	
13	78	Sam	Richards	Boy	12:48	Pendle	
14	66	Melanie	Hyder	Girl	12:51	Helm Hill	1st Girl
15	64	Alex	Brown	Boy	13:54	Settle Harriers	
16	61	Emma	Spencer	Girl	13:57	Pendle	2nd Girl
17	63	Scott	Baistow	Boy	14:22	Wharfedale Harriers	
18	57	Pippa	Barrett	Girl	14:31	Keighley & Craven AC	3rd Girl
19	69	Lauren	Munro-Bennett	Girl	14:40	Helm Hill	
20	58	Rosie	Hellawell	Girl	15:23	Keighley & Craven AC	
21	82	Beth	Dutson	Girl	15:34	U/A	
22	65	Erika	Carter	Girl	15:50	Keighley & Craven AC	
23	80	Annie	Roberts	Girl	16:26	Keighley & Craven AC	
24	614	David	Cober	Boy	18:39	U/A	
25	81	Melanie	Morphet	Girl	24:30	CFR	

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### UNDER 14

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	621	Jack	Willis	Boy	10:16	Cleveland Tri Club	1st Boy
2	18	Ben	Johnstone	Boy	10:47	Wharfedale Harriers	2nd Boy
3	2	Will	Smith	Boy	10:50	Wharfedale Harriers	3rd Boy
4	8	James	Hall	Boy	11:28	Wharfedale Harriers	
5	626	Hannah	Bethwaite	Girl	11:39	Ellenborough	1st Girl
6	620	Liam	Burthem	Boy	11:49	Warrington	
7	4	Philip	Done	Boy	11:57	Keighley & Craven AC	
8	616	Nathaniel	Woof	Boy	12:09	0	
9	12	Declan	Bulmer	Boy	12:10	Pendle	
10	615	Ryan	Kearney	Boy	12:54	0	
11	617	Jake	Newitt	Boy	13:33	0	
12	7	Nicole	Narey	Girl	13:43	Wharfedale Harriers	2nd Girl
13	619	Katie	Buckley	Girl	14:00	0	3rd Girl
14	623	Megan	Stuart	Girl	14:00	Helm Hill	
15	22	Harry	Sessford	Boy	14:31	Keighley & Craven AC	
16	603	Andrew	Tillott	Boy	14:32	0	
17	624	Harry	Brook-Dobson	Boy	14:48	0	
18	629	Katie	Wright	Girl	15:24	Broughton Runners	
19	627	Loren	Appleyard	Girl	15:36	Helm Hill	
20	622	Sally	Willis	Girl	15:43	0	
21	6	Odin	Hargreaves -Madhas	Boy	15:49	Ilkley Harriers	
22	20	Charlotte	Cox	Girl	16:04	Keighley & Craven AC	
23	14	Chelsey	Holder	Girl	16:12	Keighley & Craven AC	
24	23	Matthew	Horn	Boy	16:36	Settle Harriers	
25	24	George	Herbert	Boy	17:54	Keighley & Craven AC	
26	19	Sally	Handford	Girl	17:58	Keighley & Craven AC	

### UNDER 12

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	90	Joe	Stapleton	Boy	07:53	Skipton AC	1st Boy
2	644	Luke	Canning	Boy	08:06	0	2nd Boy
3	54	Charlie	Lowrie	Boy	08:12	Wharfedale Harriers	3rd Boy
4	665	Harry	Vaillant	Boy	08:17	0	
5	83	Lloyd	Davies	Boy	08:22	Wharfedale Harriers	
6	87	Oliver	Willink	Boy	08:27	Helm Hill	
7	608	James	Marchant	Boy	08:32	Pendle	
8	61	Oliver	Keating	Boy	08:39	Keighley & Craven AC	
9	662	Tom	Hodgson	Boy	08:51	0	
10	648	Aaron	Campion	Boy	08:52	Settle Harriers	
11	91	Oliver	Spencer	Boy	08:57	Pendle	
12	77	Joshua	Newbold	Boy	09:02	Settle Harriers	
13	88	Sam	Willink	Boy	09:04	Helm Hill	

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14	602	Christopher	Tillott	Boy	09:11	0	
15	666	James	Marsh	Boy	09:27	0	
16	10	Robbie	Johnstone	Boy	09:31	Wharfedale Harriers	
17	78	Jacob	Aubrey	Boy	09:35	Helm Hill	
18	663	Lilly	Hodgson	Girl	09:37	0	1st Girl
19	667	James	Turland	Boy	09:54	0	
20	64	Sophie	Marshall	Girl	09:55	Settle Harriers	2nd Girl
21	609	Thomas	Marchant	Boy	09:57	Pendle	
22	669	Herbie	Davies	Boy	10:05	Wharfedale Harriers	
23	11	Logan	Hargreaves -Madhas	Boy	10:11	Ilkley Harriers	
24	659	James	Pickard	Boy	10:12	0	
25	72	Michael	Sherratt	Boy	10:14	Pendle	
26	642	Alan	Moulton	Boy	10:16	0	
27	656	Adam	Hewitt	Boy	10:17	0	
28	645	David	Mace	Boy	10:18	0	
29	610	Luke	Bowlen	Boy	10:18	0	
30	649	Lucas	Wild	Boy	10:19	Settle Harriers	
31	650	Imogen	Campion	Girl	10:20	Settle Harriers	3rd Girl
32	86	Katie	Horn	Girl	10:26	Settle Harriers	
33	80	Jacob	Croasdale	Boy	10:34	0	
34	661	Harriet	Collins	Girl	10:36	0	
35	655	Joseph	Bailey	Boy	10:46	0	
36	17	Tom	Willink	Boy	10:52	Helm Hill	
37	671	Heidi	Murray	Girl	10:58	0	
38	8	Thomas	Passco	Boy	11:10	Blackburn Harriers	
39	66	Leon	Passco	Boy	11:14	Blackburn Harriers	
40	637	Paul	Harrison	Boy	11:21	0	
41	68	Zoe	Baistow	Girl	11:22	Wharfedale Harriers	
42	9	Emily	Cox	Girl	11:29	Keighley & Craven AC	
43	664	Calum	Murray	Boy	11:48	0	
44	657	Sophie	Hewitt	Girl	11:56	0	
45	668	Erin	Procter	Girl	12:00	0	
46	636	Elizabeth	Stephenson	Girl	12:04	0	
47	51	Chloe	Law	Girl	12:12	Rosendale Harriers	
48	651	Holly	Wild	Girl	12:20	Settle Harriers	
49	613	Katie	Handford	Girl	12:33	Keighley & Craven AC	
50	654	Jamie	Hill	Boy	13:14	0	
51	660	Megan	Cullen	Girl	13:16	0	
52	643	Billy	Tyson	Boy	13:18	0	
53	653	Lucy	Hill	Girl	13:24	0	
54	641	Ellie	Moore	Girl	14:30	0	
55	640	Isabel	Cambray	Girl	14:56	0	
56	58	Molly	Holder	Girl	17:16	Keighley & Craven AC	