BOFRA: British Open Fell Runners Association



2021 Championship

The 2021 BOFRA championship consists of 12 races (11 for Juniors) with 7 races needed to count (6 for Juniors). Races are open to anybody, members or not. Each race has individual prizes, usually trophies for younger juniors down to 5th place and cash prizes for older juniors and seniors. Comprising races for all ages (from 6 upwards), BOFRA is ideal for families. Anyone that joins as a member gains points towards the Championship for which trophies are presented at an end of season Presentation Dinner, plus any Member completing at least 7 championship races (6 for Juniors) receives a commemorative T-Shirt.

Coniston Gullies Sun 23rd May Kettlewell Sun 6th June Hawkswick Dash Sun 20th June Kirkby Gala Sat 26th June Cracoe Sun 18th July Ambleside Sports **Thurs 29th July** Farleton Knott Sun 1st Aug Arncliffe Gala Sat 14th Aug **Reeth Show** Mon 30th Aug **Muker Show** Wed 1st Sept Burnsall Sun 5th Sept **Embsay** Sun 19th Sept Wasdale Show Sat 9th Oct

Age categories are defined by age on 1st May 2021

Junior Age Categories: U12, U14, U17

Most events also include a non – championship U9 race.

Vet Age Categories: V40, V45, V50, V60 (men)

Membership Senior £15, Junior £7, Family £30

More details: www.bofra.org.uk