

Senior Entry List for Coniston Gullies
As at 21st May 2021

First Name	Surname	Club	Category
Barry	Adams	U/A	MV40
Rory	Addison	Helm Hill	Man
David	Atkinson	Cumberland fell runners	MV50
Vicky	Atkinson	Helm Hill	LV45
Jess	Bagnall	Settle Harriers	LV40
Pam	Bagot	Settle	LV45
James	Bailey	Leven Valley	MV45
Kirstin	Bailey	Staffordshire Moorlands AC	LV45
Simon	Bailey	Staffordshire Moorlands AC	MV40
Gary	Bastow	Ripon Runners	MV60
Eric	Beaumont	kcac	Man
Carlos	Bedson	Cheshire Hill Racers	MV50
Andy	Blackett	Durham Fell Runners	Man
Richard	Briscoe	Clayton-le-moors Harriers	MV40
Lindsay	Buck	Cumberland Fell Runners	LV60
Declan	Bulmer	Wharfedale	Man
Elsie	Butler	Howgill harriers	Lady
Nicky	Butler	Keswick AC	LV50
Ross	Butler	Keswick AC	MV40
Rob	Carr	Wharfedale	MV45
Jo	Cater	Helm Hill	LV50
Sarah	Chalmers	Nidd Valley Road Runners	LV50
Phil	Clayton	Black Combe	MV50
Jim	Coldwell	Swaledale	MV45
Rebecca	Cook	Furness Fell Runners	Lady
Andy	Creber	Mynydd Du	MV60
Patty	Davies	Helm Hill	LV50
Phil	Done	U/A	Man
Tim	Done	Wharfedale Harriers	MV50
Sam	Downey	Kcac	MV40
Antonia	Fan	Ambleside AC	Senior
Calvin	Ferguson	Blackburn Harriers	Man
Matthew	Fretwell	Settle Harriers	Man
Julian	Gerrity	U/A	MV50
Iain	Gibbons	Ilkley Harriers	MV45
Finlay	Grant	Buxton ac	Man
Tim	Grimwood	Swaledale	MV40
Ronnie	Haddow	Furness Fell Runners	MV50
Kirsty	Hall	Ribble Valley Harriers	LV45
Dave	Hammond	CVFR	MV50
Caroline	Harding	Pudsey & Bramley A.C.	LV45
James	Harris	Ambleside AC	Man
Lorna	Holt	Rosendale harriers	LV40
Julian	Hood	Skipton AC	MV40
Michael	Keavney	Swaledale Runners	MV50
Noah	Kidd	Leven Valley AC	Man
Nigel	Kippax	Tring	MV60
Vicky	Kirkwood	Dallam	LV50
David	Kyriacou	Leven valley ac	Man

Gavin	Lloyd	Black Combe Runners	Man
Tom	Makin	Achille ratti	Man
Lesley	Malarkey	Keswick	LV60
Tom	Marsh	U/A	Man
Judith	Marshall	Settle	LV45
Sue	Marshall	Skipton AC	LV60
Pete	Marston	Helm Hill	MV45
Ted	Mason	Wharfedale	MV40
Jo	Matthew	Bowland	LV45
Tom	Matthew	Bowland	MV50
Trevor	Metcalfe	Wharfedale	MV60
Sam	Moore	Millom Striders Running Club	Man
Ben	Oldham	Leven Valley AC	MV40
John	Orrell	Blackburn Harriers	MV50
David	Pease	Barlick Fell Runners	MV45
Brian	Pennington	Howgill Harriers	MV45
Adam	Perry	Helm Hill Runners	Man
John	Perry	Wharfedale Harriers	MV40
Wood	Peter	Skipton a.c	MV60
Abi	Plowman	Edinburgh University Hare & Hounds	Lady
Jean	Powell	Wharfedale Harriers	LV50
David	Riding	Achille Ratti	MV40
Tim	Roe	Helm Hill Runners	MV40
Sarah	Senior	Helm Hill	LV50
Andrew	Smith	Barlick fell runners	MV50
Jack	Smith	U/A	Man
Allan	Sumner	Lancaster & Morecambe AC	MV50
Joanne	Sumner	Lancaster & Morecambe AC	LV40
Brian	Thompson	CUMBERLAND FELL RUNNERS	MV50
Geoff	Thompson	Wharfedale Harriers	MV60
Su	Thompson	Wharfedale Harriers	LV50
Alfie	Thorpe	Ambleside	Man
Nick	Treidl	Barlick Fell Runners	Man
Richard	Treidl	Barlick Fell Runners	MV60
Denise	Tunstall	Durham Fell Runners	LV50
Chris	Tuson	N/A	Man
Declan	Walker	Pudsey & Bramley AC	Man
Nicholas	Walker	Keighley and craven ac	MV40
Alexandra	Whitaker	Harrogate Harriers	Lady
Helene	Whitaker	Harrogate Harriers	LV50
Jonathan	Whitaker	Harrogate Harriers	MV50
Christopher	Whitfield	Wharfedale Harriers	MV45
Jethro	Whitfield	Wharfedale Harriers	MV40
Alex	Whittem	Calder Valley Fell Runners	MV40
Jeremy	Wilkinson	Keighley & Craven AC	MV50
Ian	Willis	KCAC	MV45
Sarah	Wills	U/A	LV45
David	Wilson	U/A	Man
Paul	Wilson	Wharfedale	MV60
Jack	Wood	Ilkley Harriers	Man