

## DENIS WOOD 65 at 65 2008

No.	DATE	RACE	HEIGHT	MILES	TIME	CAR MILES	ENTRANCE FEES
1	01.01.08	Giant's Tooth	400	3	00:31:16	112	£3.00
2	06.01.08	Scout Scar (KWL)	650	5.25	01:07:10	22	£2.50
3	13.01.08	Firbank Fell (KWL)	300	3.5	00:39:17	24	£2.50
4	19.01.08	Jarrett's Jaunt	1500	4.5	01:05:17	140	£3.00
5	20.01.08	Whitestones (KWL)	500	4	01:00:06	32	£2.50
6	27.01.08	Birkkrigg Common (KWL)	540	3	00:32:33	60	£2.50
7	02.02.08	Blake's Heaven	1700	4.5	01:06:16	122	£3.50
8	03.02.08	Fairmile (KWL)	1470	2.6	00:53:00	35	£2.50
9	10.02.08	Helm Hill (KWL)	950	4.5	00:58:37	17	£2.50
10	17.02.08	Barbondale (KWL)	1300	1.45	00:40:00	24	£2.50
11	23.02.08	High Cup Nick Dufton	1500	9	02:05:40	72	£5.00
12	24.02.08	Cautley Spout (KWL)	1600	2.5	01:05:24	42	£2.50
13	01.03.08	Bleasdale Circle	1250	5	01:09:13	54	£3.00
14	02.03.08	Fell End (KWL)	1000	4	00:52:54	48	£2.50
15	09.03.08	Austwick (KWL)	600	3	00:39:26	45	£2.50
16	15.03.08	Really Wild Boar	1400	5	01:12:25	48	£3.00
17	16.03.08	Elterwater Common (KWL)	1100	2.5	00:47:00	56	£2.50
18	22.03.08	Causey Pike	1780	4.5	01:10:00	116	£3.00
19	30.03.08	Arant Haw (KWL)	1760	4.75	01:14:19	38	£2.50
20	02.04.08	Loughrigg	1000	4	00:50:26	48	£3.00
21	05.04.08	Pendle	1500	4.5	01:03:12	112	£3.00
22	06.04.08	Lancaster 3 Bridge ®	50	6.25	00:53:46	28	£3.00
23	19.04.08	Langdale St George's 10K ®	200	6.25	00:56:27	60	£8.50
24	02.05.08	Dalton ®	500	6.25	00:56:15	65	£5.00
25	03.05.08	Latterbarrow Loop	600	2.4	00:43:41	185	£4.00
26	05.05.08	Wray Caton Moor	1100	6.75	01:16:44	23	£3.50
27	07.05.08	Lothersdale	600	3.6	00:41:09	90	£3.00
28	10.05.08	Belmont Winter Hill	1000	4.5	00:59:22	91	£3.00
29	11.05.08	Golden Ball Lancaster®	50	3.1	00:25:56	28	£6.00
30	13.05.08	Mearley Clough	1200	3.5	00:56:30	81	£3.00
31	14.05.08	Latrigg	950	3	00:34:13	93	£3.00
32	15.05.08	Ripley School ®	150	4	00:35:37	26	£4.00
33	17.05.08	Sedbergh Gala (B.O.F.R.A.)	1200	2.6	00:38:12	35	£2.50
34	24.05.08	Hutton Roof Crags	1300	7	01:27:52	8	£4.00
35	26.05.08	Austwick Amble	1200	8	01:27:09	40	£3.50
36	29.05.08	Killington Sports (B.O.F.R.A.)	400	1.5	00:19:03	32	£4.00
37	31.05.08	Lancaster 5 K ®	0	3.12	00:25:25	26	£3.00

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38	01.06.08	Coniston Gullies (B.O.F.R.A.)	900	1	00:31:05	63	£3.00
39	03.06.08	Paddy's Pole	1100	4.5	00:55:49	56	£3.00
40	07.06.08	Pen y ghent	1650	5.9	01:23:28	50	£4.00
41	08.06.08	Morecambe ®	50	6.25	00:55:17	24	£6.00
42	15.06.08	Kettlewell (B.O.F.R.A.)	600	1.5	00:24:24	80	£3.00
43	21.06.08	Clougha Pike	1250	5	01:14:05	32	£4.00
44	22.06.08	Helm Hill (B.O.F.R.A.)	900	3.3	00:45:04	17	£3.00
45	28.06.08	Lancaster 5K ®	0	3.12	00:26:11	26	£3.00
46	29.06.08	Arnison Dash *	1000	2	00:26:46	64	£3.00
47	02.07.08	Reston Scar Scamper *	985	3.75	00:52:08	30	£3.00
48	03.07.08	Flan Fell	300	1.75	00:17:17	57	£2.00
49	05.07.08	Langdale Gala Fell Race	800	2	00:22:51	56	£3.00
50	13.07.08	Bampton Village *	800	5.5	01:03:12	72	£3.00
51	16.07.08	Blisco Dash	2000	5	01:16:15	60	£1.00
52	20.07.08	Coniston Country Fair	2400	6	01:37:24	68	£5.00
53	23.07.08	Lancaster 10K ®	0	6.25	00:54:28	25	£7.00
54	26.07.08	Lancaster 5K ®	0	3.12	00:25:12	25	£3.00
55	27.07.08	Cracoe Fell Race (B.O.F.R.A.)	900	2.6	00:40:00	90	£3.00
56	31.07.08	Rydal Round	3000	9	02:36:31	51	£7.00
57	02.08.08	Beetham Sports	927	5.75	01:02:04	7	£4.00
58	03.08.08	Farleton (B.O.F.R.A.)	1500	4.5	01:02:12	4	£3.00
59	09.08.08	Broughton Mills	1300	3.5	00:55:32	81	£2.00
60	16.08.08	Rusland Sports Senior	500	1.75	00:22:08	53	£3.00
61	17.08.08	Worsthorne Moor	900	7	01:05:32	113	£4.50
62	23.08.08	Dentdale **	1385	2.9	00:48:29	35	£3.00
63	30.08.08	Dufton Fell Race	1500	5	00:52:42	72	£2.00
64	07.09.08	Ulverston Charter 5K ®	0	3.12	00:23:41	58	£4.00
65	13.09.08	The Great Westmorland Trial	900	7	01:14:40	76	£10.00
			<b>61847</b>	<b>274.93</b>	<b>58:55:19</b>	<b>3623</b>	<b>£227.00</b>

### KEY

KWL	Kendal Winter League
®	Road Races
B.O.F.R.A.	British Open Fell Runners Association
*	1st Vet 60
**	Oldest Finisher