

B.O.F.R.A.

1996

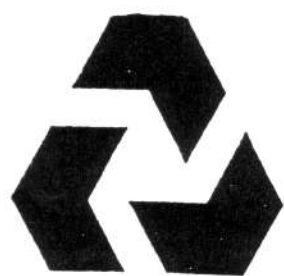
Guides Book



HEBDEN SPORTS 1996

Oliver Brewer - Ben Procter - James Mason

British Open Fell Runners Association
Sponsored by
National Westminster Bank



National
Westminster
Bank

We're here



to support you.

National Westminster Bank

BRITISH OPEN FELL RACE ASSOCIATION

1996 SPONSORS

NATIONAL WESTMINSTER BANK

FORRESTER'S ARMS - GRASSINGTON

MOORCOCK INN - GARSDALE

SKIPTON BUILDING SOCIETY

TREVOR BATCHELOR - GARGRAVE

MERRITT & FRYERS - SKIPTON

DEVONSHIRE ARMS - CRACOE

YEWDALE HOTEL - CONISTON

TILCON - GRASSINGTON

LISTERS ARMS - MALHAM

PAUL & CHERYL'S - GRASSINGTON

ROGER INGHAM - SKIPTON

FISHER HOGGARTH

HELM HILL RUNNERS

RAWDON SMITH TRUST - CONISTON

JOHNSON & JOHNSON - GARGRAVE

JACKSONS - CRACOE

JAMES HUDSON - MALHAM

TETLEY'S - LEEDS

JOHN CARLISLE - CRACOE

JOHN PEDLEY - MOORCOCK

CLIFFORD LAWSON - EMBSAY

GEORGE FLEMING - CONISTON

CLOUGH & COMPANY - KEIGHLEY

WELCOME TO B.O.F.R.A's 1996 DINNER

Here we are again at Morecambe at our Presentation Dinner after another great Fell Running Season.

The senior championship in both the ladies and mens went to the last race at Wasdale, where in the mens event we were treat to a great fell race full of interest and incident and a final twist in its tail. Congratulations to Patrick, commiserations to Andy and Colin. We look forward to seeing you all locking horns next season. May I also congratulate Angela and Karen for some great races throughout the Season. Congratulations to the winners in all catorgories, long may you run and enjoy your involvment with B.O.F.R.A.

Our guest list this year includes, as for the past ten years, Mr. & Mrs. A. Metcalfe and Mr. & Mrs. A. Phillips, both from the Nat. West Bank in Skipton, our main sponsors. I am most grateful for their generous sponsorship for the past years. Unfortunately this is the last year we are to receive sponsorship from the Nat. West and wish their new venture all the success. These two gentlemen are going to the sorely missed and all I ask is that if circumstances change we will not be forgotten. Thank you Arthur and Andrew for your support and hope that you will grace our races and dinner in the years to come.

At the time of writing our new sponsors are not yet known, but you can rest assured that one will be found, and the B.O.F.R.A. will continue to provide Traditional Fell Racing for years to come.

Our other guest is Mr. Ambleside himself, a stalwart of Ambleside Sports where he doubles as Chairman and Treasurer. Should you have the pleasure in attending Ambleside Sports Dinner it resembles the Trevor Woodburn talk-in. Welcome Trevor and Vivien I hope that you both have a pleasant evening and hope we are welcome at Ambleside for many years in the future.

Continued/...

Last but not least on our guest list is Rita and Phil from The Forrester's Arms in Grassington. I am most grateful to Rita for her sponsorship at Grassington and the use of her dining room on occasions for meetings and evening meals. I thank you for your involvement, long may it continue.

A different format this year for my thanks to all officials who give their time free to provide facilities and venues for your races, I hope you will join me in wishing them all the best and may they continue to support B.O.F.R.A. in what ever they do.

President - Mr. P. Dean, Chairman - Mr. A. Baxter and Under 17s Statistician, Vice -Chairman - Mr. L. Storton and Senior's Statistician, Membership Secretary - Mrs. P. Storton, Treasurer and Dinner Organizers Mr. & Mrs. P. Stanforth. Mrs. P. Dean and Mrs. S. Baxter for entries and results, Mrs. B. Huff for Under 12s League table, Mr. M. Cryer for under 14s League table. Mrs. B. Beck and Mrs. B. Cryer for Raffle sales, Miss K. Lowther for her press releases and to all the individuals who made 1996 a special year for B.O.F.R.A.

As details later in this publication our Annual General Meeting will be held on Saturday 11th January, 1997 when I hope you will all enjoy the day, with a race from the Kendal Winter League before the meeting.

See you all on the line at Sedbergh in 1997.

Colin H. Beck.
SECRETARY.

SENIORS

Statistician - Les Storton

1	Patrick Boyd	(12)	331
2	Andy Smith	(12)	329
3	Colin Moses	(12)	326
4	Craig Bottomley	(12)	299
5	Bill Procter	(12)	280
6	Jeff Emmott	(12)	268
7	Stefan Briggs	(12)	252
8	Steve Carr	(12)	250
9	Alistair Dunn	(12)	219
10	Alan Riley	(12)	218
11	Steve Smith	(12)	178
12	Jim Bowe	(12)	171
13	Andy Holden	(9)	169
14	Ian Wellock	(7)	157
15	David Fell	(12)	150
16	Barry Scholes	(12)	145
17	David Butler	(11)	135
17	Paul Morris	(12)	135
19	Steven Dean	(8)	104
19	Alan Shepherd	(10)	104
21	Ray Waddington	(6)	101
22	Graham Hawkins	(4)	98
23	Paul Harlowe	(5)	97
23	Gary Bastow	(6)	97
25	Gareth Hird	(8)	91
26	Brett Weedon	(10)	90
27	Ken Shuttleworth	(8)	83
28	Paul Rogan	(12)	81
29	Richard Fell	(4)	79
30	Barry Slater	(10)	76
31	Andy Maloney	(3)	74
32	Joe Blackett	(3)	72
33	John Thompson	(12)	64
34	Carrol Graham	(12)	59
35	Neil Bland	(6)	56
36	Jonathan Fell	(8)	53
37	Kevin Rogan	(10)	49
38	Alan Westworth	(12)	48
39	Andy Briggs	(12)	44
40	Dave Richardson	(5)	43
41	Jonathan Marchant	(3)	37
42	Shaun Hartley	(8)	36
43	Joe Richardson	(5)	35
44	Andy Beck	(2)	33
44	Kevin Hopkinson	(12)	33
46	Ian Postlethwaite	(1)	30
46	Mark Roberts	(1)	30
48	David Ablitt	(12)	28
49	Gary Devine	(1)	27
50	Rafa Aguilar	(3)	26

SENIORS 1996 SEASON

The 1996 Fell Running Season gone already, doesn't seem two minutes since we were at Sedbergh, everybody wondering about who would be this years champions.

Patrick Boyd set the early pace by chalking up five wins in the first seven races, the other two were shared by Colin Moses winning Coniston and Andy Smith the 1995 Champion winning at Moorcock. So over the border we go to Alva, if my memory serves me right I think four or five reached the summit within yards of each other with Andy Maloney turning first, but on the descent Colin Moses, Craig Bottomley a brilliant run by Stefan Briggs a new recruit to the Seniors swept past Andy and crossed the finishing line in that order. How Colin jumped that fence onto the golfcourse like that heaven only knows, the photo we have doesnt give credit to the steepness of the fell. White Lion and Farleton brought wins for Andy Smith, where he and Colin starting to close Patrick down, it certainly seemed that way. The next two races saw wins for Mark Roberts "Ambleside" and Ian Postlethwaite at Rusland. Hebden produced another winner in Graham Hawkins, probably this was the wettest days racing this season. Muker was put into our Championship for the first time and it came up trumps for the spectators, I must admit I have never seen a more enthusiastic crowd watching a fell race all the years I have been. This also produced another winner in Ian Wellock another new recruit to the Seniors with Andy Smith second getting ever closer and Colin Moses third. Just as we thought Patrick was starting to be caught in the Championship he produced a brilliant run at Hawkswick beating Andy into Second. With wins at Burnsall for Colin and Embsay for Andy. The Championship went down to the wire in the last race at Wasdale. At this stage the Championship Winner could only come from Patrick or Andy but depending on finishing positions in the race Colin could become joint second. If you have never run Wasdale - give it a go - its probably the hardest race in the B.O.F.R.A. calendar so you can imagine the tension on the starting line, just who would become B.O.F.R.A. Champion 1996. As it turned out with a brilliant climb up Kirk Fell, Colin crossed the line for maximum points with Patrick coming in second place and so becoming B.O.F.R.A. Champion 1996. Andy Smith finished in third place, so losing his title by just two points with Colin three points further back in third. Craig Bottomley ran the best race this season until injuring himself just passing the Under 17s turn, crossing the line in tenth place. Craig has been on the heels of the leaders all season and has finished in fourth place.

Congratulations Patrick and commiserations to Andy and Colin who pushed you to the limit. This Championship has not just been about three runners but I have focused on three leaders throughout.

Continued/...

There are four other Champions to be crowned this year, firstly the Ladies. Angela Brand-Barker set the early pace winning at Sedbergh and Coniston but Karen Slater gained two wins at Cracoe and Sharphaw, Angela won the next three to open up a six point gap over Karen. Next we travelled to Alva in Scotland where Helen Sedgwick crossed the line in first place with Kirsty Lowther second and Yvonne Procter third. With Karen running every race after Alva and Angela missing the odd one it meant Angela had to go to Wasdale and run to become Ladies Champion 1996 which she duly did. Commiserations to our 1995 Ladies Champion, Linda Platt, who after only two races injured herself so bad it kept her out for the rest of the season. Congratulations to Yvonne Procter for running into third place in this years Championship.

Now onto the Vets, firstly the over 40s - Jeff Emmott and Steve Carr became Vet's this year both knowing they could win it if running well and keeping injury free. As it turned out Jeff won all the twelve races he competed in but not without a fight from Steve, some, only losing by the second or two namely at Rusland Sports where Jeff put so much effort into winning he said to me if Steve had come past him he could not have given anymore. Steve did win four races this season making him runner up behind Jeff with last year's Champion Steve Smith (Eccles) in third. WELL DONE JEFF.

The over 45s. Alan Riley became Champion once again just four points off the maximum 144. Can this Grasmere farmer keep winning his Vet's crown, seems so, no sign of weakening yet, with ten wins and six seconds out of his 16 completed races. We probably have the fastest starting and fastest finishing Vet in Jim Bowe, if he puts the middle part of his race together - WATCH OUT ALLAN.

Jim has moved up a place from 1995 into second place, with David Fell also moving up a place into third and Barry Scholes, first year in the over 45 vets, a very close fourth. WELL DONE ALLAN.

The Second Division Champion is for the second year running Barry Scholes -HAT TRICK NEXT YEAR - "who knows", into second place is Steve Smith and third place Jim Bowe.

I would like to thank all the competitors, whether you ran first or last, for making the 1996 Nat. Westminster Bank B.O.F.R.A. championship a really enjoyable one. Dont forget next year is just around the corner.

Yours in Sport

Les Storton.

SENIORS - CONTINUED

51	Anthony Turner	(1)	25
52	Jeff. Hodgson	(6)	24
53	Paul Sheard	(1)	23
54	Lionel Sands	(2)	22
55	Paul Savage	(1)	21
55	Robert Hudson	(1)	21
55	Mathew Hird	(9)	21
58	Mark McGlincy	(1)	20
59	Bill Reid	(4)	19
60	Antony Riley	(1)	16
60	Stephen Wright	(8)	16
60	Jim Webb	(10)	16
63	David Hird	(12)	15
64	Maurice Smith	(2)	9
64	Tom Targett	(5)	9
64	Paul Webber	(6)	9
67	Des Thwaites	(8)	8
68	Geoff. Webster	(1)	6
68	Bill Ridings	(1)	6
70	Terry Thackwray	(4)	4
71	Michael Hall	(2)	2
72	Peter Pearson	(1)	1
72	Paul Stanforth	(1)	1
72	Rodney Mills	(1)	1

LADIES

1	Angela Brand-Barker	(12)	144
2	Karen Slater	(12)	130
3	Yvonne Procter	(12)	93
4	Nancy Westworth	(12)	79
5	Helen Sedgwick	(7)	67
6	Theresa Stanforth	(7)	54
7	Kirsty Lowther	(6)	48
8	Linda Platt	(2)	18
9	Linda Thwaites	(3)	17
10	Susan Weedon	(2)	10
11	Joan Graham	(1)	7
12	Susan Richardson	(1)	6
13	Caroline Cryer	(1)	4

VETS - OVER 45 YEARS OLD

1	Alan Riley	(12)	140
2	James Bowe	(12)	117
3	David Fell	(12)	99
4	Barry Scholes	(12)	94
5	Paul Rogan	(12)	74
6	Paul Harlowe	(5)	60
7	Carrol Graham	(12)	58
8	Ken Shuttleworth	(8)	57
9	David Ablitt	(11)	36
10	Joe Richardson	(4)	23
11	Bill Reid	(4)	19
11	Des Thwaites	(8)	19
13	Lionel Sands	(2)	17
14	David Hird	(5)	15
15	Maurice Smith	(2)	12
15	Kevin Hopkinson	(3)	12
17	Tom Targett	(4)	11
18	Terry Thackwray	(4)	10
19	Geoff. Webster	(1)	5
20	Bill Ridings	(1)	4
20	Peter Pearson	(1)	4
22	Paul Stanforth	(1)	2
23	Rodney Mills	(1)	1

VETS - OVER 40 YEARS OLD

1	Jeff Emmott	(12)	144
2	Steve Carr	(12)	128
3	Steve Smith	(12)	101
4	Paul Morris	(12)	85
5	Andy Briggs	(12)	67
6	Barry Slater	(10)	62
7	Alan Westworth	(12)	59
8	Kevin Hopkinson	(9)	45
9	Neil Bland	(6)	37
10	Dave Richardson	(5)	34
11	Bill Procter	(2)	24
11	Jim Webb	(10)	24
13	Paul Webber	(7)	21
14	Andy Beck	(2)	18
15	David Hird	(7)	16

SECOND DIVISION

1	Barry Scholes	505 points
2	Steve Smith	460 "
3	Jim Bowe	401 "
4	Angela Brand-Barker	363 "
5	David Fell	362 "
6	David Butler	358 "
7	Paul Morris	335 "
8	John Thompson	320 "
9	Karen Slater	314 "
9	Paul Rogan	314 "

1996 NATIONAL WESTMINSTER BANK MENS CHAMPION



PATRICK BOYD

UNDER 17s - BOYS

Statistician - Arthur Baxter

1	Stephen Savage	215
2	Stuart Reid	191
3	David Jewitt	188
4	Geoffrey Slater	174
5	Lee Procter	163
6	Robert Slater	145
7	Damian Scholes	144
8	Paul Lodge	141
9	Andrew Lodge	112
10	Robert Cryer	107
11	Richard Fell	98
12	David Huff	97
13	Stefan Briggs	77
14	Chris. Mason	74
15	Darren Stanforth	47
16	Geoffrey Cater	18
17	James Burgess	11

UNDER 17s - GIRLS

Statistician - Arthur Baxter

1	Emma Hopkinson	144
2	Samantha Waddington	108
3	Ruth Bowe	104
4	Helen Westworth	101
5	Elsie Riley	20
6	Kate Rogan	11

**THE REG HARRISON FELL RUNNING TROPHY
MOST OUTSTANDING JUNIOR**

EMMA HOPKINSON

**THE DJ SCOTT TROPHY
PRESENTED TO
THE MOST IMPROVED JUNIOR OF THE YEAR**

KAREN BOWE

UNDER 17s BOYS

The first race of the Season started with the Sedbergh Gala. The winner being Stefan Briggs from Keighley, 2nd place was Stuart Reid just behind in 3rd place David Jewitt, Stephen Savage in 4th place Richard Fell in 5th Lee Procter 6th Paul Lodge 7th Geoffrey Cater 8th Andrew Lodge 9th Robert Cryer.

The 2nd Race was at Coniston Gullies 1st was David Jewitt 2nd home was Stefan Briggs 3rd Stephen Savage 4th Stuart Reid 5th place Richard Fell 6th Lee Procter 7th place Paul Lodge 8th Geoffrey Cater 9th Robert Cryer 10th Place Damian Scholes.

The 3rd Race at Cracoe 1st place Stefan Briggs 2nd Stuart Reid 3rd Richard Fell 4th Robert Slater 5th Lee Procter 6th Geoffrey Slater 7th Paul Lodge 8th Andrew Lodge 9th Damian Scholes 10th Robert Cryer.

At Sharphaw the 4th Race set off 1st home Stefan Briggs 2nd Robert Slater 3rd Stuart Reid 4th Geoffrey Slater 5th David Jewitt 6th Lee Procter 7th James Burgess 8th Paul Lodge 9th Darren Stanforth 10th Robert Cryer 11th Damian Scholes.

Moorcock was the 5th Race the first 2 places in the race were not Championship runners so the 1st place in B.O.F.R.A. was Robert Slater 2nd Stephen Savage 3rd Stuart Reid 4th Geoffrey Slater 5th Lee Procter 6th David Huff - his first race in the Under 17s - 7th place was David Jewitt 8th Damian Scholes 9th Darren Stanforth 10th Paul Lodge 11th Andrew Lodge 12th Chris. Mason 13th Robert Cryer.

The 6th Race was at Helm Near Kendal 1st B.O.F.R.A. runner home was Stephen Savage 2nd David Jewitt the 3rd was Lee Procter 4th David Huff 5th Richard Fell 6th Paul Lodge 7th Damian Scholes 8th Andrew Lodge 9th Chris. Mason 10th Robert Cryer.

The 7th Race was at Kirkby, the 1st B.O.F.R.A. was Geoffrey Slater 2nd Stephen Savage 3rd Richard Fell 4th David Jewitt 5th Lee Procter 6th Paul Lodge 7th Chris. Mason 8th Andrew Lodge 9th Robert Cryer.

Alva was the 8th Race in the Championship 1st was Robert Slater just by 4 seconds from Stuart Reid in 2nd place 3rd was David Jewitt 4th Richard Fell 5th Geoffrey Slater 6th Lee Procter 7th Andrew Lodge 8th Damian Scholes 9th Paul Lodge 10th Robert Cryer 11th Chris. Mason.

The 9th Race was at the White Lion, Cray, 1st Robert Slater 2nd David Huff 3rd David Jewitt 4th Geoffrey Slater 5th Damian Scholes 6th Chris. Mason 7th Robert Cryer.

The 10th Race was held at Farleton Knott 1st was Robert Slater 2nd was his brother Geoffrey 3rd Stephen Savage 4th Stuart Reid 5th David Jewitt 6th David Huff 7th Damian Scholes 8th Darren Stanforth.

Continued/...

Race No. 11 was at Ambleside Sports 1st home was Stephen Savage - an Ambleside Lad - 2nd Robert Slater 3rd Stuart Reid 4th David Jewitt 5th Geoffrey Slater 6th Lee Procter 7th Damian Scholes 8th Darren Stanforth 9th Chris. Mason 10th Geoffrey Slater.

The 12th Race was held at Rusland Sports, 1st Stephen Savage 2nd David Jewitt 3rd Richard Fell 4th Lee Procter 5th Damian Scholes 6th Paul Lodge 7th Andrew Lodge 8th Chris. Mason.

The 13th Race was held at a very wet Hebden Sports - 1st Geoffrey Slater 2nd Stephen Savage 3rd David Jewitt 4th Lee Procter 5th Damian Scholes 6th Paul Lodge 7th Andrew Lodge.

The 14th Race of the Season we were at Muker Show, the first time B.O.F.R.A. have held a Championship Race at the Show. It is a pity that the show is on a Wednesday and not a weekend, a lot of the runners are back at School on this day, so the numbers were down. 1st home was Stephen Savage 2nd Geoffrey Slater 3rd Stuart Reid 4th Damian Scholes 5th Andrew Lodge.

The 15th Race of the Season was at Hawkswick 1st home was not a B.O.F.R.A. runner so 1st in the Championship was Geoffrey Slater 2nd Stuart Reid 3rd David Jewitt 4th David Huff 5th Lee Procter 6th Damian Scholes 7th Paul Lodge 8th Chris. Mason 9th Robert Cryer.

The 16th Race was at Burnsall 1st Stephen Savage 2nd Robert Slater 3rd Stuart Reid 4th David Jewitt 5th David Huff 6th Lee Procter 7th Paul Lodge 8th Damian Scholes 9th Darren Stanforth 10th Andrew Lodge 11th Robert Cryer.

The 17th Race and next to the last race was held at Embsay - 1st home Stephen Savage 2nd Lee Procter 3rd David Huff 4th Paul Lodge 5th Damian Scholes 6th Robert Cryer.

The last and spectacular Race of the Season for those watching was Wasdale Head Show. 1st off Kirk Fell was Stuart Reid 2nd David Jewitt 3rd Lee Procter 4th Paul Lodge 5th Damian Scholes 6th Andrew Lodge 7th Robert Cryer.

UNDER 17s GIRLS

With 9 Girls in the year the Championship was up on 1995 members. Well Done to Miss Emma Hopkinson, she ran in 14 Championship Races and won all of them.

In Second place Samantha Waddington she ran 11 Races in 3rd Place was Ruth Bowe with 12 Races, Ruth had some injuries this year so I hope she will be fit for the 1997 Season. In 4th place was Helen Westworth, Helen has run 14 Races out of the 18. 5th place was Elsie Riley, Elsie just ran 2 races this Season, in 6th place was Kate Rogan, she also ran 2 races this Season.

Arthur Baxter

UNDER 14s BOYS

The 1996 Championship was to prove an exciting battle right from the start with David Huff being determined to make his presence felt right up to his birthday and the move up to the Under Seventeens. When he moved on he left the way open for the real battle to start for Ben Procter and James Mason from mid June.

David did manage to hold off the opposition until after the first few races with his wins at Sedbergh, Cracoe and Sharphaw. Ben started to show what he intended to do when he moved into gear at Coniston which David didn't contest.

Ben was to dominate the number one position with 10 firsts, 3 seconds, 2 thirds and final Championship points of 234.

Although Ben is this years Under Fourteen Champion it wasn't an easy Championship win as James Mason was determined he was going to get there too and I believe that he will next year. Ben to move up to the Under Seventeens after Muker.

James was to claim four firsts, three of which were when beating Ben into second place. His remaining results were all seconds and finish the Championship with 216 points.

Oliver Brewer was to take the third place which was well deserved as he was always snapping at Ben and James's heels for most of the races. He had one second at Embsay, and ten thirds and a seventh. (What went wrong at Sharphaw?) Oliver's Championship points to get him third were 178.

Andrew Prickett took fourth place, fighting hard against the strong opposition to get three thirds, two fourths, two fifths, one sixth, three eighths and one race I am sure he would rather not remember at Sharphaw. Andrew's Championship points were 142.

Alisdair McEwan only managed six races this year, which resulted in three thirds and three fourths and Championship points of 81.

Mathew Carr who wasn't able to compete due to injury last year managed six races before he was lost to the Under Seventeens. His results were two fourths, one fifth, two sixth and a seventh. Championship points of 76.

Wayne Stanforth was seventh in the Championship with four fourths and one fifth, which resulted in 69 points.

Tom Kidger was eighth in the Championship, with a third at Hawkswick, three sixth and a seventh resulted in 62 points.

Continued/...

David Huff who was last year's Champion only managed to complete three races before being lost to the Under Seventeens, but did take ninth place and 60 points for the three firsts.

Guy Richardson was in tenth place with 59 points. His best result was at Rusland where he was fourth. He managed a total of five races.

Andrew Wigan, who started the Season doing four races, resulting in two fourths, one fifth and a sixth and then no more, was eleventh and got 53 points.

The remaining competitors only did two races, namely Ben Gerrish with 25 points and Mark Hanson with 21 points.

The only other competitor was Martin Swainson who has just moved up from the Under Twelves, but I am sure he will make his presence felt in 1997. He was to score his first win in the Under Fourteens at Wasdale Head in the last race of the Championship, which gave him his 20 points.

CONGRATULATIONS TO ALL WHO TOOK PART AND TO THE CHAMPION. I FOR ONE LOOK FORWARD TO NEXT YEARS COMPETITIONS.

UNDER 14s - GIRLS

The Girls also bravely fought the battles and it was nice to see so many Girls still showing interest in the Sport.

Nicole Slater ran away with the Championship with maximum points for the twelve of the sixteen done. Her record was fourteen first and two seconds. An excellent result and I hope her success will encourage other girls to compete. Championship points of 144.

Sally Shepherd took second place after a strong battle which saw her managing to take away the first places at Helm and Ambleside from Nicole and also at the final race at Wasdale Head. Her other eight results were seconds. Championship points were 116.

Alison Westworth who only moved up in time for Alva takes third place. She was second at Alva and had seven thirds, one fourth and one fifth in her ten races. Championship points of 79.

Claire Reid - keeping up the Reid running tradition did five races, which included a first at Alva, two seconds and two thirds. She took fourth place and got 48 Championship points.

Continued/...

Kate Rogan managed six races before she was lost to the Under Seventeens with a long hard fought over second place at the White Lion, and two thirds and one fifth. Championship points of 46 for her fifth place.

Helen Westworth managed three races before she was lost to the Under Seventeens and took three third places. Championship points of 24.

Kate Rowley also did three races resulting in one second and three fourth. Championship points of 24, giving her joint sixth place with Helen.

Our final competitor was Laura Stokes who did one race as a B.O.F.R.A. member at Wasdale Head where she scored a second place. She also did the Helm race as a non B.O.F.R.A. member. Championship points of 10.

Another good result for the Girls and I hope to see a continued strong challenge to the lads for many years to come. Its good to see you all competing each Season and I hope we will see you all - and new faces - again next year.

WELL DONE TO YOU ALL. If next years competitors give us as much entertainment as this year, I know it will be as enjoyable.

WELL DONE TO ALL.

Martin Cryer.

UNDER 14s - BOYS

Statistician - Martin Cryer

1	Ben Procter	(12)	234
2	James Mason	(12)	216
3	Oliver Brewer	(12)	178
4	Andrew Prickett	(12)	142
5	Alisdair McEwan	(6)	81
6	Matthew Carr	(6)	76
7	Wayne Stanforth	(5)	69
8	Tom Kidger	(5)	62
9	David Huff	(3)	60
10	Guy Richardson	(5)	59
11	Andrew Wigan	(4)	53
12	Ben Gerrish	(2)	25
13	Michael Jenkinson	(2)	24
14	Mark Hanson	(2)	21
15	Martin Swainson	(1)	20

UNDER 14s - GIRLS

Statistician - Martin Cryer

1	Nichole Slater	(12)	144
2	Sally Shepherd	(11)	116
3	Alison Westworth	(10)	79
4	Claire Reid	(5)	48
5	Kate Rogan	(6)	46
6	Helen Westworth	(3)	24
6	Kate Rowley	(3)	24
8	Laura Stokes	(1)	10

UNDER 12s - BOYS

22 Boys signed up at the start of the Season - although only 19 ran. Martin Swainson made no mistake this Season - he dominated the Season from start to finish. One or two lads got near him on the way up, even leading the way, but Martins finishing was clinical, and there was little doubt about the outcome. WELL DONE MARTIN - a very good Seasons running - this years Champion with maximum points 240, I'm sure he will look forward to the Under 14s next Season. GOOD LUCK.

There was much competition for the following places in the Championship. Adam and Andrew Wilkin from Helm Hill Runners were newcomers this Season and they certainly made their presence felt. Young Adam really gave Martin some competition on the way up, in a number of the races, but couldn't manage to hold on, on the way down - what an epic they had at Coniston Gullies. Michael Wright also had some good challenges on the leaders particularly at Alva, but it took him a race or two to warm up and then he and Adam had some real tussles. Michael had 9 (2nd) and Adam 7 (2nd) and on the 4 occasions when Martin was not around Adam won 2 races at Burnsall and Wasdale and Michael won 2 at Moorcock and Muker. There really wasn't much to choose between these 2 all Season and they both ran their hearts out and only finished 4 points apart - with Michael Wright 2nd 208 points and Adam Wilkin 3rd with 204 points. A super Season from both runners.

Other promising newcomers were Dean Broomhead, Sam Watson and his brother Adam, David Shepherd, Adam Whaites and brothers Mark and Scott Thwaites. Daniel Thompson, James Rowley and David Barker both had some good results, but none of them completed their 12 races, so their position didn't reflect their effort. Ben and Jack Weedon and David Shepherd ran well this Season and had some good results.

The big races Alva, Grasmere, Ambleside and Kilnsey were all won by the Champion this year, Martin Swainson, showing his consistency this Season in the Under 12s.

A GOOD SEASON BY ALL RUNNERS - WELL DONE.

UNDER 12s - GIRLS

15 girls registered this Season, with 13 actually running. The main two contestants from 1995 were still in the Championship - Debra Waddington the 1995 Champion and Karen Bowe the runner up -30 it looked as if there would be some fierce battles in prospect.

It started off well for Karen Bowe, winning at Sedbergh and Coniston, with Melissa Carr and Sheryl Slater 2nd and 3rd in both races. Then at Cracoe Debra came into the challenge taking 1st place and winning the next 2 races at Sharphaw and Moorcock. Melissa took 2nd at Cracoe and Karen 3rd and Sheryl taking 2nd at Sharphaw and Alison Westworth 3rd. WELL DONE ALISON.

Under 12s - Continued/...

The Championship was wide open and Melissa and Sheryl were going to fight back at Helm, taking top spot from Melissa and Debra 3rd (all 3 girls finishing within 8 seconds of each other)

Debra again asserted her authority at Kirkby with Melissa 2nd and Karen 3rd. Alva saw Melissa take her chance and she won with Lizzie Brewer 2nd. A good race to win.

Cray saw Debra back again, with Melissa 2nd, showing great consistency and Karen 3rd. Melissa had another good win at Farleton with Karen close behind and Sheryl Slater in 3rd.

At Ambleside Karen came storming back with a 1st place from Debra and Melissa in 3rd. After Ambleside Debra didn't compete in the Championship races - a shame - as it was becoming a fascinating confrontation between the top 4 runners. The other runners, who always gave a good account of themselves, Alison Westworth, Melissa Rogan, Lizzie Brewer, Rebecca Shepherd, Vicky Waddington and Gemma Dean - all had good individual results and always gave of their best.

At Rusland Karen was again on the winning trail, this time with Gemma having a really good race and Rebecca Shepherd well up with the rest.

Hebden in the rain, - Karen again - she was well in the groove by now, with Melissa, Sheryl, Gemma, Rebecca and Lizzie following on.

Hawswick saw Karen win again with Sheryl having a good race with Gemma, Rebecca and Melissa coming behind. Good race Gemma. There was no stopping Karen now and she won at Burnsall and Embsay. Melissa back in 2nd and Sheryl 3rd at Burnsall and Sheryl and Rebecca following home at Embsay.

Wasdale was the last race and Melissa won another.

Kilnsey and Grasmere both races out of the Championship this year were won by Karen (Grasmere) and Debra (Kilnsey)

What a good Season for the girls - they all ran so well and there was great competition for the places throughout the Season.

WELL DONE - ALL OF YOU - SOME FIRST CLASS RACING.

So Karen Bowe finished as Champion 1996. WELL DONE KAREN with MELISSA CARR deservedly 2nd and Sheryl Slater 3rd. Debra wasn't really in contention as she only ran in 7 races but she did finish in 4th and Lizzie Brewer finished in 5th having completed her 12 races. Gemma Dean finished 6th (9 races) Rebecca Shepherd 7th (7 races) and Alison Westworth 8th (5 races) and Melissa Rogan in 9th (7 races) Vicky Waddington was 10th (only 4 races) with Amy Hanson, Michaela Savage and Jenny Slater only entering one race each.

UNDER 12s (BOYS)

Statistician - Becky Huff

1	Martin Swainson	(12)	240
2	Michael Wright	(12)	208
3	Adam Wilkin	(12)	204
4	Andrew Wilkin	(12)	171
5	Sam Watson	(12)	140
6	Dean Broomhead	(10)	125
7	Daniel Thompson	(11)	103
8	Ben Weedon	(8)	97
9	David Shepherd	(9)	95
10	James Rowley	(6)	71
10	Adam Watson	(9)	71
12	David Barker	(5)	57
13	Jack Weedon	(6)	52
14	Adam Whaites	(3)	39
15	Mark Thwaites	(3)	38
16	Robert Wright	(3)	29
16	Mathew Briggs	(4)	29
18	Scott Thwaites	(3)	23
19	Giles Story	(1)	14

UNDERS 12s (GIRLS)

Statistician Becky Huff

1	Karen Bowe	(12)	134
2	Melissa Carr	(12)	126
3	Sheryl Slater	(12)	97
4	Debra Waddington	(7)	78
5	Lizzie Brewer	(12)	66
6	Gemma Dean	(9)	62
7	Rebecca Shepherd	(7)	49
8	Alison Westworth	(5)	33
9	Melissa Rogan	(7)	29
10	Vicky Waddington	(4)	27
11	Amy Hanson	(1)	7
12	Michaela Savage	(1)	6
13	Jenny Slater	(1)	5

B.O.F.R.A.
BRITISH OPEN FELL RUNNERS ASSOCIATION

1996/7 ANNUAL GENERAL MEETING

TO BE HELD AT

THE EAGLE AND CHILD

STAVELEY

ON

SATURDAY 11th JANUARY, 1997

AT 2.30p.m.

(AFTER KENDAL WINTER LEAGUE FELL RACE AT SAME VENUE)

ALL ITEMS FOR AGENDA TO BE IN HANDS OF SECRETARY BY

1st JANUARY, 1997

1996 NATIONAL WESTMINSTER CHAMPIONS



ANGELA BRAND-BARKER
LADIES CHAMPION



ALAN RILEY
VETERAN OVER 45 CHAMPION



JEFF EMMOTT
VETERAN OVER 40 CHAMPION



BARRY SCHOLES
SECOND DIVISION CHAMPION

1996 MALHAM RELAY WINNING TEAM

David Fell - Neil Bland - Alison Westworth - James Mason



On a wet and windy Sunday morning in October we staged the 13th Malham Relay. Seven teams took part with the lead changing several times. The eventual winners coming home in a very good time of 25 mins 14 seconds considering the conditions. The Second and Third teams being separated by only two seconds 25 mins 45 seconds and 25 mins 47 seconds. The Annual Event at Malham is run solely to give all proceeds to charity, this year being CANDLELIGHTERS. Thanks to all competitors and sponsors.

Les Storton
Vice - Chairman.

WINTER LEAGUE 1997

A series of 14 races will be held. Points will be given in each section. At the end of the series, those with most points will receive the appropriate prizes

1. Boys under 12 years for the Goodacres Trophy
2. Boys under 14 years for the R.& S.Taylor Trophy
3. Girls under 16 years for the J.Morgan Trophy
4. Boys under 17 years for the M.Armstrong Trophy
5. Ladies for the Helm Hill Runners Trophy
6. Veterans (over 40 years) for the R.Harrison Trophy
7. Men, for the Kendal Sports Trophy
8. Men, for the Comrades Trophy

All junior runners taking part in five events or more will receive a prize.

Affiliated to L.S.P.A. and under B.A.F. fell running rules.

Entries taken on the Day

Entry Fees Seniors £1.00 Juniors 50p

COMPETITORS RUN AT THEIR OWN RISK

Although the Committee will take every care in the organisation of these events. I understand that the Committee will not be liable for any accident loss or damage to property, however caused.

Please observe the Country Code and safety on the fells

(R) denotes events where small raffles will be held

(*) The B.O.F.R.A. A.G.M. will be held at the Eagle & Child Staveley after the Staveley Head Fell Race at 2-00pm.

**Further information, if required, contact
K.Shuttleworth 01539 724720**

SAT/SUNDAY		EVENTS START AT 12.00 NOON
	5th JAN	BURTON CROSS COUNTRY RACE Gallaber Farm Burton-in-Lonsdale
* R	11th JAN	STAVELEY HEAD FELL RACE Birkfield Farm Staveley
	19th JAN	BIRKRIGG COMMON ROUGH CROSS COUNTRY RACE Mountbarrow Road Ulverston
R	2nd FEB	SCOUT SCAR ROUGH CROSS COUNTRY RACE Brigsteer Road Kendal
	16th FEB	UNDER HELM FARM FELL RACE Grasmere
	2nd MAR	CAUTLEY SPOUT CRAG RACE Cautley Sedbergh
	9th MAR	ELM TREE FARM HILL RACE Preston Patrick
	16th MAR	CHURCH HOUSE FELL RACE Torver Coniston
	23rd MAR	CARLINGILL FELL RACE Howgill Sedbergh
	30th MAR	SEDBERGH FELL RACE Havera Sedbergh
R	6th APR	BARBON FELL RACE Dent Road Barbon
	13th APR	GARGRAVE CROSS COUNTRY RACE Gargrave
	20th APR	BURNEY FELL RACE Gawthwaite Grizebeck
R	27th APR	AUSTWICK FELL RACE Austwick
R	11th MAY	KENDAL CASTLE RELAY RACES Meet at Lads Club (Prize presentation, teas, refreshments, etc. (Small raffle prizes appreciated) (To be held in the Lads Club, Beezon Road, (Kendal.)

STOP PRESS

NEW SPONSOR
OBTAINED FOR 97/8/9
SEASONS

PLEASE SUPPORT WHEN
POSSIBLE

MERRITT & FRYERS

SKIPTONS PREMIER

D. I. Y.

KITCHENS & BATHROOMS

01756-792485.