

**B.O.F.R.A.**

*British Open Fell Runners Association*

**GUIDES BOOK**  
**2000**

**MAIN SPONSORS**

**MERRITT & FRYERS LIMITED**

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# B.O.F.R.A.

## Annual General Meeting



WILL BE HELD

ON SUNDAY the 7<sup>th</sup> JANUARY 2001

TIME - 2.30pm

AT THE

**FORESTERS ARMS - GRASSINGTON**

ALL ITEMS FOR AGENDA IN WRITING TO  
MR. PETER DEAN (SECRETARY)  
18 WOOD LANE  
GRASSINGTON BD23 5LU  
NORTH YORKSHIRE BY 16<sup>th</sup> DECEMBER 2000

*THERE WILL BE A FELL RACE BEFORE THE MEETING*  
**"THE GRASSINGTON GALLOP"**

START TIME 12 NOON  
FOR INFORMATION RING MR. PETER DEAN

*SENIORS - UNDER 17s - UNDER 14s - UNDER 12s*  
*SENIORS AND UNDER 17s Together*  
*UNDER 14s and UNDER 12s Together*

Let me start this short writeup by thanking all our sponsors for their invaluable sponsorship for the 2000 Championship and also for the latter years in the last century. B.O.F.R.A. basically stands for traditional fell racing and without the help of our sponsors, many of the races we attend would undoubtedly not survive, so lets not make any bones about it, the people who put their money up front are invaluable but most of all respected. May I thank all the people who, over the season have supported our regular raffles, either by buying tickets and also bringing raffle prizes. The money generated each year is most helpful to the B.O.F.R.A. cause. Many thanks to Debra Hounslow for selling the tickets at our races.

The Championship this season has gone very well, it's brilliant to see Robert Hudson coming back to win the Championship again to say it is eight years ago he last was Champion. It's nice to think he knows where his roots are i.e. Open Fell Racing. Let's also take our hats off to Ted Mason who has run Robert to the wire and never wained in his enthusiasm, so hopefully, from my point of view would love to see him become Champion in the future. The young pretender for the title must surely go to James Mason, since he has moved up to Senior level has really developed into a leading contender next year. We have a new Lady Champion this year, namely Kate Rogan. Since coming into the seniors her running has really improved, which sees her now running regularly for England. We have a very long season and to complete our calendar means staying free from injury and keeping your fitness level to a very high degree. So to all our Members, young and old, it's a real credit to your ability. Sedbergh in May - to Wasdale in October doesn't it go quick, maybe I'm just getting older, but the years just roll by. See you in 2001.

Les Storton  
B.O.F.R.A. Treasurer



### YOU'D BETTER BELIEVE IT

I think we ought to rename the Malham Relay after the well known pop group, Yes you guessed it, WET, WET, WET. We could have told the weathermen what it would be like, on the 29<sup>th</sup> October, way back in March, and we were proved right, although while the race took place, it did brighten up somewhat. Sponsorship, raffle and entrance money came to £83. Thanks to everyone who attended £150 was sent to the Children's Heart Unit Fund at Freeman's Hospital, Newcastle, who's Doctor's and staff, did so much for local girl from Malham, Sally Slater, earlier this year.

1<sup>st</sup> - 26.13

2<sup>nd</sup> - 26.52

3<sup>rd</sup> - 26.56

Barry Scholes  
Thomas Mountain  
Martin Hounslow  
David Shepherd

Paul Rogan  
James Mountain  
Peter Metcalfe  
David Coggins

Antony Shepherd  
Claire Lilley  
Damien Scholes  
Matthew Hurst



# SENIORS - 2000

Statistician - Kevin Rogan

1	Robert Hudson	357	(12)	35	Ken Shuttleworth	72	( 5)
2	Ted Mason	333	(12)	36	Peter Metcalfe	27	( 5)
3	Andy Holden	285	(12)	37	Matthew Raynor	52	( 4)
4	Mark Salkild	276	(12)	38	Neil Dyson	30	( 4)
5	Antony Shepherd	265	(12)	39	Stuart Reid	84	( 3)
6	Steve Hounslow	255	(12)	40	Ian Taylor	77	( 3)
7	David Hird	241	(12)	41	Alan Life	65	( 3)
8	Damien Scholes	233	(12)	42	Terry Robinson	42	( 3)
9	David Fell	216	(12)	43	Bill Smith	20	( 3)
10	Sam Hounslow	211	(12)	44	Kevin Hopkinson	17	( 3)
11	Barry Scholes	209	(12)	44	<b>Terry Trueman</b>	17	( 3)
12	Barry Slater	208	(12)	46	Robert Hope	57	( 2)
13	Paul Rogan	203	(12)	47	Patrick Boyd	48	( 2)
14	Dean Thompson	155	(12)	48	Graham Hawkins	47	( 2)
15	Joe Richardson	147	(12)	49	Gary Bastow	40	( 2)
16	Peter Mallalieu	118	(12)	50	Colin Valentine	39	( 2)
17	Carroll Graham	114	(12)	51	Ben Procter	35	( 2)
18	Andrew Biddle	95	(12)	52	Simon Maytum	33	( 2)
19	Shaun Hartley	81	(10)	53	Peter Stubbington	22	( 2)
20	James Mason	238	( 9)	54	David Ablitt	15	( 2)
21	Stephen Dean	131	( 8)	55	<b>Paul Burnett</b>	13	( 2)
22	Neil Bland	73	( 8)	55	<b>Paul Coulthred</b>	13	( 2)
23	Peter Doyle	70	( 7)	57	Peter Kelly	6	( 2)
24	Kevin Rogan	60	( 7)	58	Mark Roberts	24	( 1)
25	John Hey	145	( 6)	59	Billy Procter	22	( 1)
26	Robert Hamilton	124	( 6)	60	<b>James Wadsworth</b>	19	( 1)
27	Lyndon Dixon	76	( 6)	60	<b>Colin Jones</b>	19	( 1)
28	Alan Westworth	42	( 6)	62	Gareth Hird	15	( 1)
29	Jim Webb	29	( 6)	63	<b>Alan Bland</b>	13	( 1)
30	Colin Moses	133	( 5)	63	<b>Paul Harlowe</b>	13	( 1)
31	John Wootton	116	( 5)	65	John Thompson	9	( 1)
32	Andy Beck	115	( 5)	66	Peter Haines	7	( 1)
33	Jeff Emmott	106	( 5)	67	Darren Hird	4	( 1)
34	Brett Weeden	80	( 5)	68	Richard Oates	2	( 1)

## VETS - OVER 45 YEARS OLD

(Statistician - Kevin Rogan)

1	Steven Hounslow	354	(12)	13	Alan Westworth	113	( 6)
2	David Hird	342	(12)	14	Jim Webb	100	( 6)
3	David Fell	319	(12)	15	Ken Shuttleworth	110	( 5)
4	Barry Slater	301	(12)	16	Peter Metcalfe	91	( 5)
5	Paul Rogan	299	(12)	17	Neil Dyson	73	( 4)
6	Barry Scholes	295	(12)	18	Terry Trueman	59	( 3)
7	Joe Richardson	266	(12)	19	Kevin Hopkinson	56	( 3)
8	Peter Mallalieu	249	(12)	20	Bill Smith	55	( 3)
9	Carroll Graham	242	(12)	21	David Ablitt	41	( 2)
10	Andrew Biddle	224	(12)	22	Paul Coulthred	38	( 2)
11	Ken Bland	166	( 8)	23	Paul Harlowe	23	( 1)
12	Peter Doyle	147	( 7)	24	Peter Haines	20	( 1)
				25	Richard Oates	17	( 1)

## VETS - OVER 40 YEARS OLD

(Statistician - Kevin Rogan)

1	Mark Salkild	354	(12)	7	Jeff Emmott	136	( 5)
2	Antony Shepherd	332	(12)	8	Brett Weeden	121	( 5)
3	Kevin Rogan	176	( 7)	9	Gary Bastow	54	( 2)
4	Robert Hamilton	156	( 6)	10	Peter Stubbington	46	( 2)
5	Lyndon Dixon	153	( 6)	11	Peter Kelly	44	( 2)
6	Andy Beck	139	( 5)	12	Billy Procter	30	( 1)

## LADIES

(Statistician - Kevin Rogan)

1	Kate Rogan	354	(12)	5	Helen Sedgwick	147	( 5)
2	Lynn Whittaker	310	(12)	6	Kali Taylor	52	( 2)
3	Nicole Slater	269	(10)	7	Carol Life	50	( 2)
4	Nancy Westworth	152	( 6)	8	Sarah Haines	27	( 1)

## **SECOND DIVISION**

(Statistician - Les Storton)

1	Dean Thompson	503
2	Paul Rogan	458
3	Joe Richardson	410
4	Carroll Graham	383
5	Kate Rogan	377
6	Andrew Biddle	343
7	Sam Hounslow	332
8	Peter Mallalieu	310
9	Damien Scholes	288
10	Shaun Hartley	282

## **THE REG HARRISON FELL RUNNING TROPHY**

Presented to

(The Most Outstanding Junior)

**JANIE OATES**

## **THE DJ SCOTT TROPHY**

Presented to

(The Most Improved Junior)

**EMMA THOMPSON**

## **UNDER 17s BOYS**

(Statistician - Antony Shepherd)

1	Martin Swainson	234	(12)
2	Martin Hounslow	210	(12)
3	Ross Whitaker	197	(12)
4	Christopher Doyle	129	( 7)
5	Adam Whaites	81	( 5)
6	Will Clark	27	( 2)
7	Andrew Foster	17	( 1)

## **UNDER 17s GIRLS**

(Statistician - Antony Shepherd)

1	Karen Bowe	240	(12)
2	Naomi Biddle	219	(12)
3	Sally Shepherd	201	(12)



## UNDER 14s - BOYS

(Statistician - Arthur Baxter)

1	Andrew Wilkin	240	(12)
2	Stuart Hunn	217	(12)
3	Luke Paget	190	(12)
4	Carl Robinson	185	(12)
5	Adam Crowe	173	(12)
6	Tim Oates	160	(12)
7	Lee Wood	150	(12)
8	James Walker	91	( 7)
9	Tom Rodgers	91	( 6)
10	Sam Watson	69	( 6)
11	Jack Weeden	50	( 4)
12	Adam Martin	30	( 3)
13	Matthew Stuart	34	( 2)
14	Alistair Brownlee	12	( 1)
15	Mark Addison	10	( 1)

## UNDER 14s - GIRLS

(Statistician - Arthur Baxter)

1	Kelli Roberts	234	(12)
2	Sheryl Slater	225	(12)
3	Gemma Dean	196	(12)
4	Francesca Coulthred	50	( 3)
5	Melannie Whalley	45	( 3)
6	Emma Stuart	17	( 1)

## UNDER 12s - BOYS

(Statistician - Steven Hounslow)

1	Caleb Wetherell	234	(12)
2	David Shepherd	220	(12)
3	Joshua Darling	184	(12)
4	<b>Grant Robinson</b>	<b>161</b>	<b>(12)</b>
4	<b>Ben Davies</b>	<b>161</b>	<b>(12)</b>
6	Matthew Parker	152	(12)
7	Jack Thompson	104	(12)
8	James Craig	96	(12)
9	Adam Wood	89	(12)
10	Kyle Biddle	67	(12)
11	John Marsh	130	(11)
12	James Mountain	127	(10)
13	Simon Bolland	96	(10)
14	James Kelly	95	(10)
15	Matthew Hurst	148	( 9)
16	Ryan Thornborrow	118	( 9)
17	Jonathan Walker	98	( 9)
18	Lewis Robinson	43	( 8)
19	Ben Rodgers	76	( 7)
20	Ashley Rutherford	54	( 7)
21	Christopher Coulthred	41	( 5)
22	Hector Haines	24	( 5)
23	Thomas Marsh	19	( 3)
24	Jason Dixon	15	( 3)
25	Harry Thompson	25	( 2)
26	Craig Robinson	3	( 1)

## UNDER 12s - GIRLS

(Statistician - Steven Hounslow)

1	Janie Oates	240	(12)
2	Grace Biddle	190	(12)
3	Katie Robinson	159	(12)
4	Zoe Kelly	119	( 9)
5	Grace Robinson	118	( 9)
6	Gemma Crowther	132	( 8)
7	Sarah Marsh	115	( 8)
8	Kirsty Nolan	117	( 7)
9	Rosie Parkinson	93	( 6)
10	Hannah Paget	74	( 4)
11	Emma Thompson	44	( 3)
12	Laura Dean	26	( 2)
13	Rebecca Thompson	23	( 2)

# Championship Wordsearch

D	H	A	W	K	S	W	I	C	K	S	H	A	R	P	H	A	W	Y
E	A	M	B	L	E	S	I	D	E	T	W	U	D	A	S	H	G	K
A	J	C	R	A	C	O	E	G	A	R	G	R	A	V	E	E	R	E
N	S	P	O	R	T	S	N	A	K	C	Y	M	U	K	E	R	A	T
T	L	T	B	M	C	R	O	B	E	R	T	S	S	B	O	L	S	T
H	A	H	E	L	M	E	U	Q	L	A	A	K	D	K	A	E	S	L
O	K	A	R	E	N	I	R	J	L	Y	W	E	Q	I	N	M	I	E
M	A	R	T	I	N	S	W	A	I	N	S	O	N	R	D	B	N	W
P	T	H	H	K	B	P	E	N	G	F	M	A	R	K	R	S	G	E
S	E	E	U	N	O	H	T	I	R	S	A	T	C	B	E	A	T	L
O	U	B	D	O	W	I	H	E	R	R	E	E	A	Y	W	Y	O	L
N	T	D	S	T	E	V	E	H	O	U	N	S	L	O	W	Y	N	W
L	C	E	O	T	X	A	R	R	G	U	P	A	E	F	I	D	S	A
V	B	N	N	C	E	G	E	S	A	V	A	J	B	N	L	M	A	S
B	U	R	N	S	A	L	L	X	N	A	E	S	A	L	K	I	L	D
E	I	T	T	Q	A	P	L	E	T	N	M	U	S	D	I	B	V	A
C	O	N	I	S	T	O	N	T	H	O	M	P	S	O	N	B	A	L
M	O	O	R	C	O	C	K	P	R	F	A	R	L	E	T	O	N	E
W	C	H	A	M	P	I	O	N	S	U	S	E	D	B	E	R	G	H

All 33 words below are included in the wordsearch.

CHAMPIONS

CRACOE

KETTLEWELL

CRAY

GRASSINGTON

HEBDEN SPORTS

MOORCOCK

SEDBERGH

HELM

KIRKBY

FARLETON KNOTT

HAWKSWICK DASH

MUKER

EMBSAY

CONISTON

SHARPHAW

ALVA

AMBLESIDE

GARGRAVE

BURNSALL

WASDALE

ROBERT HUDSON

KATE ROGAN

ANDREW WILKIN

JANIE OATES

STEVE HOUNSLOW

MARTIN SWAINSON

KELLI ROBERTS

DEAN THOMPSON

MARK SALKILD

KAREN BOWE

CALEB WETHERELL

EMMA THOMPSON

# SENIORS

## A NEW MILLENIUM AND FOUR NEW SENIOR CHAMPIONS.

Robert Hudson straight away showed of things to come by setting a new course record at Sedbergh and then going on to win 11 of the 12 races he competed in, only losing out to Rob Hope at Ambleside. Great to see him on top form again.

Second place in the Championship once again goes to Ted Mason. Running well all season having wins at Kirkby, Muker and one of his favorites Burnsall. Ted has gained himself a reputation as a daredevil descender, never being passed on a downhill. Perhaps next year it could be Ted taking the title.

Third place and one better than last year is Andy Holden having the best of his runs in the last half of the season. The best of which was a brilliant run for third at Wasdale Head, probably the hardest race of the year.

Having an outstanding season, coming eighth overall, is Damien Scholes, his best race was an eighth place at Gargrave Show, beating one or two above him in the Championship.

Another young lad showing a great deal of promise is Sam Hounslow, finishing tenth in the Championship. He must enjoy steep up and down courses as his best runs were at Alva and Wasdale Head, where in the latter he finished fifth.

Also having a much improved season was Dean Thompson, who just got better the more races he did.

Age doesn't seem to be much of a handicap when it comes to fell running, with six out of the top ten positions being taken by Vets. Not far out of the top ten is the evergreen Joe Richardson, an inspiration to us all by regularly turning out (13 races) and showing a clean pair of heels to many a younger competitor.

While on the subject of the older generation, the Vet 40 Category has a new Champion, Mark Salkild, who has probably travelled further than most this year, coming to each race from Nottingham. Mark also came fourth in the Senior category. He ran consistently well, taking ten maximums out of the thirteen races he did.

Coming a close second is Antony Shepherd. Antony like Ted Mason has a reputation for fast descending, gaining many places by a spectacular downhill run. Also doing well by finishing fifth Senior.

The hardest fought category was the Vet 45's. Well done to new Champion Steve Hounslow.

For the early part of the season it looked as though David Hird was going to have things to himself but then halfway through Steve took over the winning, making it very close right to the end. The closest finish between Steve and Dave was at Alva, where after leading all way Steve was pipped by Dave in the finishing arena.

## SENIOR WRITE-UP - Continued/...

In third place, after starting with two wins, was Dave Fell. Dave is known for liking steep up and down races, which he confirmed with wins at Sedbergh, Coniston, Alva and Wasdale Head.

Fourth was Barry Slater, fifth Paul Rogan and sixth Barry Scholes, injured for part of the season but ever the competitor coming back to fine form.

Joe Richardson, Pete Mallalieu, Carroll Graham and Andrew Biddle also completed at least 12 races, making this category very competitive.

The ladies Championship is this year won by Kate Rogan, who competed as a Senior Lady for the first time. Having run with B.O.F.R.A. from the age of twelve, it's great to see her win the Senior title. It's thanks to B.O.F.R.A. that many a Junior goes on to excel in the Senior ranks and at International level.

In second place, running her first season, is Lynn Whittaker steadily improving all Season running particularly well uphill.

In third place, like Kate, running for the first time as a Senior, is Nicole Slater, taking two wins at Burnsall and Moorcock.

Fourth place goes to B.O.F.R.A. regular, Nancy Westworth and fifth place to Helen Sedgwick, who won four races including the British Hill Running Title at Alva.

WELL DONE TO ALL COMPETITORS your support is always welcome. Many thanks to Marshalls and Flaggers but special thanks must go to the Committee, whose work is sometimes taken for granted. They do a brilliant, and sometimes quite difficult job. Without their dedication a lot of tradition in fell running would be lost.

Kevin Rogan.

# UNDER 17s - BOYS 2000

(Statistician - Antony Shepherd)

In the boys' competition Martin Swainson emerged as the runner to beat after a season in which no runner began with any consistency. By the sixth race, at Kettlewell, Martin Hounslow held the lead, but as the season progressed it quickly became apparent that the winner would be one of the trio of Martin Swainson, Martin Hounslow and Ross Whitaker. This race saw one of the best finishes of any race this season as Hounslow, Doyle (running his second race of the day) and Whitaker hit the river crossing together 50 metres before the finish. In the struggle to race through the water Chris fell and Martin and Ross went through to take the first two places. Later in the summer, at Ambleside, Chris was again involved in a close finish where the battle unfolded on the final descent in front of 5,000 spectators. As he and Martin Swainson came through the bracken together Martin fell twice when closing on Chris but when the two passed through the gate, Chris's strength and flat speed came to the fore and he ran on to win the "Blue Ribband" event in style.

After half the season, Swainson had won each race he attended and became odds-on to take the title. This outcome looked more certain as his main rival, Chris Doyle, had his sights focussed on success in the English Championship races, and Will Clark, Adam Whaites and Andrew Foster raced only occasionally and were not able to affect the overall championship placings. Martin Hounslow remained the most consistent attender at races but with Swainson winning more regularly it was always going to be a tough task for the Lancashire runner. Another improving Lancashire lad is the aforementioned Ross Whitaker who made steady progress with each race and had his best results as the season came to an end. Indeed, it was his battle with Hounslow that provided much of the entertainment this year and drew the attention of the avid "Under 17 watchers" in the travelling BOFRA camp.

With the Championship in the bag after the Muker race, Martin Swainson had shown great determination after the disappointments of injury last year, and it was good to see him back on form. Pleasing also for the band of Grasmere runners who have travelled far and wide once again to complete the races.

Results	Races	Firsts	Seconds	Thirds	Fourth	Fifth	Points
Martin Swainson	12	10	2				234
Martin Hounslow	12	3	5	4			210
Ross Whitaker	12	2	4	5	1		197
Chris Doyle	7	4	2	1			129
Adam Whaites	5		3	2			81
Will Clark					1	1	27
Andrew Foster			1				17



# UNDER 17s - GIRLS 2000

(Statistician - Antony Shepherd)

The season was a three horse race throughout, with Naomi Biddle and last year's shared winners Sally Shepherd and Karen Bowe contesting the age group. Karen got off to the best start, winning the first seven races on the trot and looking strong in the process, so that by the time Sally and Naomi started to find form she held a good lead. By the time July arrived Naomi started to accumulate some serious points, winning at Alva and Cray before Karen returned to the fray and responded by winning the Farleton and Ambleside races. After this point it was nip and tuck, with Naomi gaining the upper hand over her two rivals but with Karen by now having built an unassailable lead. Sally ran into some good form later in the season but just too late to lift her into the second place spot, and the season ended with Karen retaining the trophy.

Results	Races	Firsts	Seconds	Thirds	Points
Karen Bowe	12	12			240
Naomi Biddle	12	5	7		219
Sally Shepherd	12	3	3	6	196

DON'T FORGET  
THE GRASSINGTON GALLOP  
AND THE  
ANNUAL GENERAL MEETING  
ON THE 7th JANUARY 2001

## UNDER 14s - BOYS

(Statistician - Arthur Baxter)

Andrew Wilkin with his fourteen first places gave his fellow competitors a hard act to follow. His speed and endurance left his rivals in his dust and a worthy Championship winner. Andrew in 2001 will go up into the Under 17s to give them a run for the Championship (240 pts) Stuart Hunn in his first season with B.O.F.R.A. had some good races against Andrew but the Champ was too good for him this year. Stuart ran 12 races. Five races he won. 6 seconds, 1 third = 217 points. Luke Paget was third for the second year running. Luke did not manage to win any of the races this year but he got 5 seconds and 7 thirds = 190 points. Carl Robinson in his first year with us, did well to pick up 4<sup>th</sup> place in the Championship. Carl had 4 seconds, 5 thirds and 3 fourths = 185 points. Adam Crowe in his first year in the Under 14s ran well to get him into 5<sup>th</sup> position in the Championship with 5 second places 2 thirds, 2 fourths, 4 fifths and 1 sixth. Well done Adam. In sixth place, was Tim Oates in his second year in the Under 14s collecting one first place, 1 third, 3 fourths, 2 fifths, 2 sixths, 3 sevenths = 160 points. In seventh place was a young lad from Grasmere. Lee Wood with 3 thirds, 2 fifths, 3 sixths, 3 sevenths and 1 eighth. = 150 points. James Walker came in eighth place. James had two 4<sup>th</sup>, three 5<sup>th</sup>, two 6<sup>th</sup>, giving - 91 points. Tom Rodgers came in ninth place, having one 3<sup>rd</sup>, two 4<sup>th</sup>, one 5<sup>th</sup>, two 6<sup>th</sup> giving him also = 91 points. In tenth place came young Sam Watson with one 4<sup>th</sup>, one 5<sup>th</sup>, two 7<sup>th</sup> and two 8<sup>th</sup> = 69 points. Eleventh place came Jack Weeden with one 4<sup>th</sup>, two 5<sup>th</sup> and one 8<sup>th</sup> = 50 points. In 12<sup>th</sup> place was Adam Martin one 4<sup>th</sup> and two 10<sup>th</sup> - 30 points. In thirteenth place was Matthew Stuart, son of a great runner in his time, Kenny Stuart. Matthew ran just two races coming 2<sup>nd</sup> in both. - 34 points. Next was Alistair Brownlee 14<sup>th</sup> place with one 6<sup>th</sup> = 12 points. In 15<sup>th</sup> place came Mark Addison with 10 points from one race.

WELL DONE TO YOU ALL. Hope to see you all again in 2001. Good Luck.

## UNDER 14s - GIRLS

(Statistician - Arthur Baxter)

The first three young girls in this year's Championship finished as in 1999 with the First place going to Kelli Roberts to retain the Championship. Kelli just managed to get her 12 races in with the last one at Wasdale. Kelli missed the race at Gargrave owing to the time in our race fixture not being correct. We apologize to Kelli for this. So the 12 races she ran she had ten 1<sup>st</sup> and two 2<sup>nd</sup> = 234 points. Well Done. Second, yet again, came Sheryl Slater with 19 more points than she got in 1999, with seven 1<sup>st</sup> and five 2<sup>nd</sup> = 225 points. In third place came Gemma Dean with 3 more points than she got in 1999. Gemma got two 1<sup>st</sup>, four 2<sup>nd</sup>, six 3<sup>rd</sup>. = 196 points. Fourth was Francesca Coulthred with one 1<sup>st</sup> and two 3<sup>rd</sup> = 50 points. Melanie Whalley was in fifth place with one 2<sup>nd</sup> and two 4<sup>th</sup> = 45 points. In sixth place was Emma Stuart with just one run in 2<sup>nd</sup> place giving her 17 points.

GOOD LUCK TO YOU ALL. Best wishes for Christmas and the year 2001 and we'll see you all on the line.

Arthur Baxter.

# UNDER 12s BOYS 2000

(Statistician - Steve Hounslow)

Twenty six boys enthusiastically took part in this years championship. Ten runners completing the 12 races. From the very start of the season the talent and enthusiasm of all runners was very apparent. All the races were closely run, with every one who took part, keen and eager to achieve their very best. All the races were enjoyable to watch and I wish all this seasons runners every success with their future races.

**Caleb Wetherell** is this years Under 12s Champion.

After showing great commitment and determination in his second year with B.O.F.R.A. Caleb Wetherell came through as Champion. Caleb is Champion for the second season, showing his talent and ability on all kinds of terrain. This season he even won more races than last year. Caleb was able to achieve personal best times on many races, especially Kettlewell, Cray and Ambleside, where he broke the course record. Total points, 234, with 10 firsts, 2 seconds.

**David Shepherd** this years runner-up in the Championship. David's excellent achievement this year shows his determination and talent to finish in a higher position than last season, where he finished fifth. One of David's excellent runs was Alva, where in terrible weather conditions and being chased by Blair Hutton, a top Scottish runner, he finished in first position. David's time was 1 minute 40 seconds quicker than last years. I am sure achieved by his great descending ability. Total points 220, with 6 firsts, 5 seconds, 1 third.

**Joshua Darling** finished third. A great result for Joshua especially as this season being his first in B.O.F.R.A. Under 12's. Joshua showed lots of talent and determination in all his races, his best results were at Farleton Knott, Cray and Kettlewell, where he finished in second position and only 5 or 6 seconds behind the winner. Joshua will have another season in this age group, a challenger for the title next year. Results 184 points, 4 seconds, 5 thirds, 2 fourths, 1 fifth.

**Grant Robinson** who finishes the Championship in joint fourth place worked hard this season, showing lots of determination in his races. Alva was one of Grant's better races, running a gutsy race in poor conditions, finishing 3<sup>rd</sup>, beating last years time by 42 seconds. Results 161 points, 2 seconds, 1 third, 2 fourths, 3 fifths, 1 sixth, 3 seventh.

**Ben Davies** finishes in joint fourth place, had a great season achieving personal bests in 4 races. Helm Hill was his greatest result finishing first and beating his last years time by 20 seconds. Ben struggled at Sharpshaw and Farleton Knott with breathing problems but showed great determination and courage to continue in the race and finish. Results 161 points.

**Matthew Parker** finishing in 6<sup>th</sup> place had some good races this year. Matthew improved on last years placing of 8<sup>th</sup>. His best results were Sedbergh, Kirkby and Grassington, where he finished in third position. Matthew achieved personal best times at both Sedbergh and Kirkby. Results 152 points.

**Jack Thompson** who finished the Championship in 7<sup>th</sup> position. This was Jack's first season this age group, achieving some excellent results. His best result was fifth place at Alva, a great achievement on such a tough run. His time was 12.59. Hope you achieve some PB's next season Jack. Result 104 points.

## **UNDER 12s - BOYS - continued/...**

**James Craig** finishing in 8<sup>th</sup> place. This his first season with B.O.F.R.A. showing some determined running. Keep it up James. Kirky Gala was James's best result finishing fifth. Let's hope there are lots of PB,s next season. Results 96 points.

**Adam Wood** finishing in 9<sup>th</sup> place. Well done Adam, achieving a better place than last year. Adam had some good, gutsy races this year showing lots of determination. His best was Alva, where he achieved a personal best time over 2 minutes faster than last year. Results 89 points.

**Kyle Biddle** finishing in 10<sup>th</sup> place. Kyle had an excellent season, achieving a better result than last year, where he finished 16<sup>th</sup>. Kyle always gives his best and as one the youngest runners, always shows courage and determination. Results 67 points.

## **UNDER 12s GIRLS 2000**

Thirteen girls took part in this years championship but only 3 completed 12 races. All the girls enthusiastically completed in the races and I'm sure everyone will agree that all the races were enjoyable to watch.

**Janie Oates** became champion of the girls Competition finishing with a maximum of 240 points. Janie had a great season winning all her races, showing that she has talent on all kinds of terrain. Her determination helped her win the championship achieving a better result of last year, where she was runner-up. Achieving personal best times in most of her races, Janie did especially well at Kettlewell and Ambleside knocking more than 1 minute off last years times. We wish Janie good luck next season as she moves to the Under 14s years group.

**Grace Biddle** finished in second place. Grace who improved from last years position of fourth had an excellent season showing lots of talent and determination. Her best result was Kirkby Gala where she achieved first place gaining a personal best time, knocking 1 minute off last years time, 1 first, 4 seconds, 4 thirds, 3 fourths.

**Katie Robinson** finished in third place improving on her last years place of fifth. Katie had some excellent races this year showing lots of determination, always giving her best whatever race she entered. Her best results were at Farleton Knott, Kettlewell and Gargrave Show, where she finished an excellent third place. Results 159 points.

Congratulations to all runners listed below both girls and boys who took part in this years B.O.F.R.A. races. All runners showed lots of determination and helped to make the races more enjoyable. We hope to see you all next season.

Matthew Hurst, John Marsh, James Mountain, Ryan Thornborrow, Jonathan Walker, Simon Bolland, James Kelly, Ben Rodgers, Ashley Rutherford, Lewis Robinson, Christopher Coulthred, Harry Thompson, Hector Haines, Thomas Marsh, Jason Dixon, Craig Robinson. Gemma Crowther, Zoe Kelly, Kirsty Nolan, Grace Robinson, Sarah Marsh, Rosie Parkinson, Hannah Paget, Emma Thompson, Laura Dean, Rebecca Thompson.



## HUDSON IN RECORD TIME (1)

The opening race in the Merritt & Fryers B.O.F.R.A. Fell running championships for the year 2000 took place at Sedbergh Gala last Saturday. As the runners set off through the gala field, Andy Holden of Hellifield took up the early lead and as they entered onto Winder Fell Holden was joined in the lead by Ted Mason, James Wadsworth, Robert Hudson, Colin Moses and John Hey. The positions between these six were changing all the time. At this stage, three quarters of the way up the fell, it was impossible for the spectators to pick a winner, but as they neared the skyline Hudson from Malham took command and quickly pulled ten yards clear. By the time they came back into view the lead had grown considerably and with just the awesome descent of Winder Fell before him, Hudson of Malham, renowned for his fearless descending crossed the line to win in a record time of 16.59 2<sup>nd</sup> Mason 17.40, 3<sup>rd</sup> Wadsworth 18.03, 4<sup>th</sup> Hey 18.46, 5<sup>th</sup> Moses 19.15 and early leader Holden 6<sup>th</sup> 20.09. First Vet Andy Beck of Warton 20.25, 2<sup>nd</sup> David Fell 20.43 and 3<sup>rd</sup> Steven Hounslow 21.55. First lady Kate Rogan of Barnoldswick 22.52, 2<sup>nd</sup> Helen Sedgwick 23.31 and 3<sup>rd</sup> Julie Tomkins 25.55.

Under 17s winner Martin Hounslow of Colne 11.08 and first girl Karen Bowe of Kendal 12.52. Under 14s 1<sup>st</sup> Tim Oates of Kendal 9.10, 2<sup>nd</sup> Adam Crowe 9.18 3<sup>rd</sup> Lee Wood. First girl Gemma Dean of Grassington 11.49 2<sup>nd</sup> Flora Whitehead 11.58, 3<sup>rd</sup> Melanie Whalley 12.54. Under 12s 1<sup>st</sup> Ryan Thornborrow of Windermere 5.33, 2<sup>nd</sup> Grant Robinson 5.37, 3<sup>rd</sup> Matthew Parker 5.38. First girl Janie Oates of Kendal 6.06, 2<sup>nd</sup> Kirsty Nolan 6.27, 3<sup>rd</sup> Emma Thompson 7.19.

## HUDSON WINS AT CONISTON (2)

The second race in the Merritt & Fryers BOFRA Championship took place at Coniston Gullies in the lake district last Sunday. With awful underfoot conditions the runners set off across the field to the fell bottom, Stuart Reid of Burneside took up the early running and was still in the lead as the runners passed halfway, but Robert Hudson, Norman Drinkall, John Hey and Andy Holden were soon on the heels of the leader. Hudson became Reid's nearest challenger and the two went over the summit locked together. The runners go out of sight of the spectators as they run across the fell top, but as they came back into view Hudson from Malham, had gone into the lead. Down the treacherous descent of the gullies and across the field Hudson crossed the line to win in 15.44, Reid 2<sup>nd</sup> 15.54, Drinkall overtaking Hey on the descent to finish 3<sup>rd</sup> and 4<sup>th</sup> respectively 16.57 and 17.13, Holden of Hellifield 5<sup>th</sup> 17.19, Andy Beck of Warton 6<sup>th</sup> and first Vet 18.19, 2<sup>nd</sup> Vet David Fell 18.51, 3<sup>rd</sup> Barry Slater 19.36. First lady and recording her second win in the Championship was Kate Rogan of Barnoldswick 23.28 and 2<sup>nd</sup> Nicole Slater 25.22

Winners of the Under 17s were 1<sup>st</sup> Martin Swainson of Grasmere 10.53, 2<sup>nd</sup> Adam Whaites 11.17 and 3<sup>rd</sup> Martin Hounslow 12.44. First girl Karen Bowe of Kendal 14.13 and 2<sup>nd</sup> Sally Shepherd 14.49.

Winners of the Under 14s were 1<sup>st</sup> Andrew Wilkin of Windermere 6.10, 2<sup>nd</sup> Luke Paget 6.29 and 3<sup>rd</sup> Adam Crowe 6.32. First girl Sheryl Slater of Giggleswick 7.38.

Winners of the Under 12s were 1<sup>st</sup> David Shepherd of Settle 5.38, 2<sup>nd</sup> Caleb Wetherell 5.51 and 3<sup>rd</sup> Ben Davies 5.59. First girl Janie Oates of Kendal 6.31, 2<sup>nd</sup> Kirsty Nolan 7.20 and 3<sup>rd</sup> Grace Biddle 8.08.

Under 9s winners were James Rogan of Barnoldswick 3.08. First girl Emma Thompson 3.11 and 2<sup>nd</sup> Rebecca Thompson 3.21. Rebecca Thompson received the perpetual trophy for the youngest competitor.

A minutes silence was held before the Senior race in respect of Martyn Cryer, a BOFRA statistician for many years, who sadly passed away.

### HAT TRICK FOR HUDSON (3)

On a day with weather more fitting for the middle of November than June, the Merritt & Fryers BOFRA Championship went onto its third stage, with a race at Cracoe near Grassington last Sunday. The winner of the last two races Robert Hudson of Malham was once again in the line up. As the sixty runners set off it became evident that this race would take some winning, over the first four fields at least ten runners were competing for the lead. As they reached the steepest part of the fell, only half a minute separated the first dozen runners, which included, Will Smith, Ted Mason, Ian Taylor, Hudson, James Mason, Jeff Emmott and John Hey. Suddenly Hudson and Ian Taylor of Keighley started to pull away. The positions between these two changed four times before finally Hudson took charge and turned the summit first. On the descent his lead grew rapidly coming well clear of Taylor to cross the winning line in a very fast 20.20, Taylor finishing 2<sup>nd</sup> 20.50 from the very fast finishing Mason of Appletreewick 3<sup>rd</sup> 21.33, Smith 4<sup>th</sup> 21.48, and James Mason of Grassington, just seventeen years old 5<sup>th</sup> 21.53, Emmott 6<sup>th</sup> and 1<sup>st</sup> Vet 22.00 with Hey 7<sup>th</sup> 22.30. Second Vet Jonnie Butler 23.51 and 3<sup>rd</sup> Mark Salkild 23.58. First lady Kate Rogan of Barnoldswick 26.34, 2<sup>nd</sup> Rachel Sharples 29.52 and 3<sup>rd</sup> Nicole Slater 30.53.

Juniors results:- Under 17s 1<sup>st</sup> Christopher Doyle of Ulverston 24.11, 2<sup>nd</sup> Andrew Foster 24.29, 3<sup>rd</sup> Ross Whitaker 25.51. First girl Karen Bowe of Kendal 30.44, 2<sup>nd</sup> Naomi Biddle 31.40 and 3<sup>rd</sup> Sally Shepherd 35.45. Under 14s Andrew Wilkin of Windermere 12.22, 2<sup>nd</sup> Stuart Hunn 12.39 and 3<sup>rd</sup> and first girl Kelli Roberts of Kendal 12.46, 4<sup>th</sup> Carl Robinson 12.50. Second girl Sheryl Slater 14.41 and 3<sup>rd</sup> Emma Holingdrake 15.43. Under 12s 1<sup>st</sup> David Shepherd of Settle 8.49, 2<sup>nd</sup> Caleb Wetherell 8.51 and 3<sup>rd</sup> Grant Robinson 8.53. First girl Janie Oates of Kendal 10.28, 2<sup>nd</sup> Kirsty Nolan 10.56 and 3<sup>rd</sup> Grace Biddle 11.18. First Local Mark Simpson of Grassington 10.34. Under 9s Harry Croft 3.15, 2<sup>nd</sup> Emma Thompson 3.30 and 3<sup>rd</sup> Rebecca Thompson 3.46

### RED HOT MASON (4)

In sweltering conditions the Merritt & Fryers B.O.F.R.A. Championship moved onto Helm fell near Kendal, Cumbria last Saturday. With the present leader in the Championship, Robert Hudson, unable to run, this left the race wide open. As the runners headed towards the first hill, James Mason of Grassington took up the early lead from his namesake, Ted Mason of Appletreewick "no relation", John Hey, Andy Beck, Mark Salkild, Antony Shepherd and David Hird. Helm is a series of four steep climbs with a long undulating run across the top of the fell to the finish. With a number of runners coming to join Mason in the lead, this seemed to spur this young seventeen year old into pulling more out of his outstanding talent, Hey, momentarily, went into the lead as the runners approached the last stiff climb but to Masons credit he battled back and quickly pulled clear as the runners ran across the skyline to eventually cross the winning line over a minute clear in 24.29, Ted Mason 2<sup>nd</sup> 25.36, Hey 3<sup>rd</sup> 25.51, Salkild 4<sup>th</sup> and 1<sup>st</sup> Vet 26.19, Beck 5<sup>th</sup> and 2<sup>nd</sup> Vet 27.08, Antony Shepherd 6<sup>th</sup> and 3<sup>rd</sup> Vet 27.19, 7<sup>th</sup> and 4<sup>th</sup> Vet David Hird of Silsden 28.00. First lady Kate Rogan of Baroldswick 33.03.

Under 17s winners Martin Swainson of Grasmere 13.39, 2<sup>nd</sup> Christopher Doyle 13.42, 3<sup>rd</sup> Adam Whaites 14.53. First girl Karen Bowe of Kendal 18.16.

Under 14s winners Andrew Wilkin of Windermere 11.27, 2<sup>nd</sup> Mathew Stuart 11.42, 3<sup>rd</sup> Carl Robinson 11.57. First girl Kelli Roberts of Kendal 12.02, 2<sup>nd</sup> Sheryl Slater 13.39.

Under 12s winners Ben Davies of Grange over Sands 9.02, 2<sup>nd</sup> Caleb Wetherell 9.11, 3<sup>rd</sup> Joshua Darling 9.13. First girl Janie Oates of Kendal 10.33, 2<sup>nd</sup> Kirsty Nolan 10.47, 3<sup>rd</sup> Grace Biddle 11.39.

Under 9s winners Jennie Addison of Kendal 1.38, 2<sup>nd</sup> Josie Addison 1.40, 3<sup>rd</sup> Kirsty Chalow 1.50.



## SHARPHAW FELL RACE (5)

The hottest of the hottest, turned out to be Robert Hudson, who led from start to finish, easily relegating last year's Robert Hope into second place. Hudson, finished the race in 28.18 some 2 minutes 8 seconds ahead of England International Ted Mason third over a minute later. Yet another minute elapsed before Will Smith came home in fourth place and these huge gaps between the leading runners further reinforced the fact it truly was a very hot day indeed. Fortunately all the athletes on the day returned safely though one or two were much relieved after the obligatory cold water sponge down at the finish. Cowling's evergreen Jeff. Emmott was the first veteran home in fifth place, whilst youthful Helen Sedgwick of Burton in Lonsdale was a well clear winner of the Ladies event, Kate Rogan was second, Nicole Slater third and Lynn Whitaker fourth.

Under 17s: Boys - 1<sup>st</sup> Martin Swainson, 2<sup>nd</sup> Adam Whaites, 3<sup>rd</sup> Scott Bryson. Girls 1<sup>st</sup> Karen Bowe, 2<sup>nd</sup> Naomi Biddle 3<sup>rd</sup> Sally Shepherd. Under 14s: Boys - 1<sup>st</sup> Andrew Wilkin, 2<sup>nd</sup> Stuart Hunn, 3<sup>rd</sup> Luke Paget. Girls 1<sup>st</sup> Killi Roberts, 2<sup>nd</sup> Sheryl Slater, 3<sup>rd</sup> Gemma Dean. Under 12s: - Boys 1<sup>st</sup> Caleb Wetherell, 2<sup>nd</sup> David Shepherd, 3<sup>rd</sup> Joshua Darling. Girls - 1<sup>st</sup> Janie Oates, 2<sup>nd</sup> Grace Biddle, 3<sup>rd</sup> Claire Lilley. Under 9s: - Boys 1<sup>st</sup> Harry Croft, 2<sup>nd</sup> Jack Schindler, 3<sup>rd</sup> Zac Thackray.

## HUDSON TRIUMPHS (6)

Perfect fell running conditions were encountered at the Merritt & Fryers B.O.F.R.A. Championship race held last Sunday at Kettlewell, North Yorkshire, resulting in three Junior course records being broken. Races start from outside the Bluebell Hotel and have to run through the river on two occasions. In the senior race, as the runners set off a good position is essential as the first crossing of the river comes very quick, and emerging on the far bank first, was Robert Hudson of Malham, the present leader in the B.O.F.R.A. championship. Along the river bank and onto the fell, Hudson came under tremendous pressure from Ian Taylor, Ted Mason, John Hey and former B.O.F.R.A. Champion, Patrick Boyd of Chorley. These five runners opened quite a lead on the rest of the field, which was headed by Mark Salkild. As the leaders were nearing the summit, Hudson, to his credit, responded to every challenge given by his persuers and turned round the cairn in first place, Taylor and Mason turning in second and third respectively, knowing they had a real battle on there hands to catch Hudson, who is widely renowned for his descending. At this point Mason from Appletreewick overtook Taylor and went in pursuit of the leader, but unfortunately in vain, as Hudson strode across the river and the winning line to beat a gallant Mason just eight seconds behind 11.53 and 12.01 respectively, 3<sup>rd</sup> Taylor 12.07, 4<sup>th</sup> Hey 12.39, 5<sup>th</sup> Boyd 13.17, 6<sup>th</sup> and 1<sup>st</sup> Vet Mark Salkild of Ruddington 13.54, 7<sup>th</sup> & 2<sup>nd</sup> Vet David Hird of Silsden 14.15, 3<sup>rd</sup> Vet Jeff Emmott of Cowling 14.23. First lady Helen Sedgwick of Burton in Lonsdale 16.04, 2<sup>nd</sup> Sarah Haines 17.42 and 3<sup>rd</sup> Kali Taylor 17.59.

Junior Results: Under 17s 1<sup>st</sup> M. Hounslow of Trawden 11.14, 2<sup>nd</sup> R. Whitaker 11.18, 3<sup>rd</sup> C. Doyle 11.27. First girl K. Bowe of Kendal 13.12. Under 14s 1<sup>st</sup> A. Wilkin of Windermere in a new course record time of 8.09, 2<sup>nd</sup> S. Hunn 8.25, 3<sup>rd</sup> C. Robinson 8.30. First girl S. Slater of Giggleswick 9.43, 2<sup>nd</sup> girl G. Dean of Grassington 10.25. Under 12s C. Wetherell of Cowling in a new course record time of 7.05, 2<sup>nd</sup> J. Darling 7.11, 3<sup>rd</sup> B. Davies 7.17. First girl J. Oates of Kendal 8.08, 2<sup>nd</sup> K. Nolan 8.19, 3<sup>rd</sup> A. Lilley 10.06. Under 9s H. Croft of Hebden in a new course record time of 2.30, 2<sup>nd</sup> L. Horsefall 2.44, 3<sup>rd</sup> E. Thompson 2.52, 4<sup>th</sup> R. Thompson 3.13.

## IT'S A STROLL FOR MASON (7)

Kirkby in Furness was last Saturday's venue in the Merritt & Fryers B.O.F.R.A. Championship. With many of the top runners otherwise engaged, barring accidents, this looked a golden opportunity for Ted Mason of Appletreewick to score his first victory of the season. As the runners left the gala field, Jeff Emmott of Cowling became the early leader, from Nottinghamshires Mark Salkild, with Mason and Andy Beck third and fourth. As the leaders left the road and onto the fell Mason came through and took charge easily pulling thirty yards clear of Salkild who went into second, as they reached the Under 17s turn Mason's lead had stretched to 100 yards and climbing. Back in the race for the minor places David Hird from Silsden came into contention. As Mason turned the summit he had what became an unbeatable lead stretching even further ahead as he came down the descent. This was Mason at his best and he crossed the finishing line in 34.02, over 3 minutes ahead of Salkild 2<sup>nd</sup> and 1<sup>st</sup> Vet 37.13, Beck 3<sup>rd</sup> and 2<sup>nd</sup> Vet 37.29, Hird, with his best race of the season, 4<sup>th</sup> and 3<sup>rd</sup> Vet 37.53, Steven Hounslow 5<sup>th</sup> 38.08 with early leader Jeff Emmott slipping back to 6<sup>th</sup> 38.32. First lady Judith Marshall of Kendal 50.26, 2<sup>nd</sup> Lynn Whitaker 52.57 and 3<sup>rd</sup> Nancy Westworth 56.49.

Junior results:- Under 17s - 1<sup>st</sup> Martin Swainson of Grasmore 21.06, 2<sup>nd</sup> Martin Hounslow 21.36, 3<sup>rd</sup> and 1<sup>st</sup> Girl Karen Bowe of Kendal 26.06.

Under 14s - 1<sup>st</sup> Stuart Hunn of Skipton 16.07, 2<sup>nd</sup> Luke Paget 16.16 and 3<sup>rd</sup> Carl Robinson 16.22. First Girl Gemma Dear of Grassington 21.01.

Under 12s - 1<sup>st</sup> Caleb Wetherell of Cowling 10.32, 2<sup>nd</sup> Joshua Darling 10.43 and 3<sup>rd</sup> Mathew Parker 11.18. 1<sup>st</sup> Girl Grace Biddle of Accrington 13.25, 2<sup>nd</sup> Gemma Crowther 13.32 and 3<sup>rd</sup> Grace Robinson 14.35.

Under 9s - 1<sup>st</sup> Kirsty Chaplow of Kendal 1.27, 2<sup>nd</sup> Emma Thompson 1.29 and 3<sup>rd</sup> Rebecca Thompson 1.33.

## ALVA GAMES (8)

The Merritt & Fryers B.O.F.R.A. Championship travelled north of the border into Scotland last Saturday to the Alva Highland Games near Stirling. In wet conditions and with well over a thousand feet to climb, the spectators at the games were in for a real treat. As the runners set off and left the arena, the early pacesetters were Dan Whitehead, Alfie Atkinson, Ted Mason, Stuart Reid and Mike McGovern, but it was Whitehead from Aberdeen who started to forge ahead as they passed the Under 12s turn, positions behind the leader were changing all the time, but it was Stuart Reid from Kendal who came out of the pack and went in pursuit of Whitehead. As they neared the summit Reid drew level, but with one last effort Whitehead, a Scottish International, burst clear again and rounded the flag first. With awful conditions for descending i.e. mist and rain, Whitehead showed all his fell running qualities to draw clear of Reid and crossed the winning line to become British Hill Champion 2000 in 20.36, Reid, try as he may had nothing left and came in a very gallant second 20.56, Mason of Appletreewick third 21.08, McGovern fourth 22.35, Peter Heal coming from way back to finish fifth 22.57. With one of the early leaders, Alfie Atkinson from Keighley sixth 23.30, Sandy Bennett seventh 22.34. First Veteran was Peter Buchannon from Alva 24.20, Andy Beck second 24.26 and third Antony Shepherd third 24.48. Kate Rogan from Barnoldswick with her first season in the seniors ran a brilliant race but could not overcome the more experienced Helen Sedgwick from Burton in Lonsdale who crossed the line first in 27.30 with Rogan second 28.46 and third Judy Marshall 32.44.

Under 17s were 1<sup>st</sup> Christopher Doyle of Ulverston 12.07, 2<sup>nd</sup> Martin Swainson 12.41 and 3<sup>rd</sup> Adam Whaites 13.36. First girl Naomi Biddle 19.06.

Under 14s were 1<sup>st</sup> Andrew Wilkin of Windermere 9.37, 2<sup>nd</sup> Carl Robinson 10.03 and 3<sup>rd</sup> Luke Paget 10.18. First girl Sheryl Slater of Giggleswick 11.06.

Under 12s were 1<sup>st</sup> David Shepherd of Settle 9.51, 2<sup>nd</sup> Blair Hutton 10.18 and 3<sup>rd</sup> Grant Robinson 10.24. First girl Janie Oates of Kendal 11.42, 2<sup>nd</sup> Kirsty Nolan 12.19 and 3<sup>rd</sup> Grace Biddle 13.48.

After a soaking in Scotland the week before, the Merritt & Fryers B.O.F.R.A. Championship race at Cray last Sunday encountered perfect conditions. Not the steepest in the B.O.F.R.A. calendar but certainly one to make the heart beat faster with a lot of running to encounter as well as climbing. As the runners set off James Mason from Grassington fought his way to the front, but quickly on his tail was Ted Mason, John Wootton, John Hey, Alan Life and the ever imposing figure of Robert Hudson. With no more than five minutes into the race, Hudson from Malham stormed into the lead and with devastating pace soon pulled yards clear of the field. With the summit in site his lead had grown so much that it became plain the other runners were to battle it out for second place. Round the flag and the run for home Hudson could afford to take his feet off the peddle but still cross the finishing line in a comfortable 23.01. James Mason rounded the flag in second with Ted Mason in third but the young lad could not hold off his stronger namesake on the descent and as they crossed the finishing line Ted Mason from Appletreewick had over a minute to spare 23.53 and 24.56 respectively. Now a fight for fourth place developed with Wootton getting the upper hand over Hey 25.19 and 25.30 with Life sixth 26.10. First Vet Mark Salkild from Nottingham 26.14, second Antony Shepherd of Settle 26.38 and third David Hird of Silsden 27.11. Back in the winning vein once again was Kate Rogan of Barnoldswick first lady 32.17, second Judith Marshall 34.25 and third Nicole Slater 35.31.

Under 17s - 1<sup>st</sup> Martin Swainson of Grasmere 19.46, 2<sup>nd</sup> Adam Whaites 20.31, 3<sup>rd</sup> Martin Hounslow 22.50. First girl Naomi Biddle of Kendal 26.08, 2<sup>nd</sup> Sally Shepherd 26.12, 3<sup>rd</sup> Sarah Murray 42.49. Under 14s - 1<sup>st</sup> Andrew Wilkin of Windermere 10.43, 2<sup>nd</sup> Carl Robinson 11.44, 3<sup>rd</sup> Luke Paget 11.48. First girl Kelli Roberts of Kendal 12.11, 2<sup>nd</sup> Sheryl Slater 13.48, 3<sup>rd</sup> Gemma Dean 15.15. Under 12s - 1<sup>st</sup> Caleb Wetherell of Cowling 6.12, 2<sup>nd</sup> Joshua Darling 6.19, 3<sup>rd</sup> David Shepherd 6.20. First girl Janie Oates of Kendal 7.28, 2<sup>nd</sup> Dannielle Walker 7.57, 3<sup>rd</sup> Grace Biddle 8.33. Under 9s - 1<sup>st</sup> Harry Croft of Hebden 2.08, 2<sup>nd</sup> Liam Horsfall 2.12, 3<sup>rd</sup> Liam Waite 2.27, 4<sup>th</sup> Emma Thompson 2.34, 5<sup>th</sup> James Rogan 2.38.

The Merritt & Fryers B.O.F.R.A. Championship reached halfway point last Sunday with a race held at Farleton Knott near Kendal, Cumbria. This fell race is probable unique in the calendar as the runners have to climb to the summit twice. As the runners set off it was James Mason of Grassington who went into the lead from Robert Hudson, Ted Mason and Andrew Schofield. These four pulling out a slight lead over the rest. Over the first half of the course Hudson was not to have it all his own way. As they reached the summit for the first time Ted Mason of Appletreewick had taken over from his namesake with Hudson only in third with Schofield a very close fourth. The gap between them and the other runners led by Andy Beck and Antony Shepherd began to get wider. Down the awesome scree Hudson started to close in on the front two but still was in third as they started to climb to the summit for the second time, this is where the positions changed rapidly as Hudson stormed past both Mason's and into the lead. Schofield was also to overtake James Mason as the leader went over the summit and out of sight of the spectators. The run for home involves running across the face of the fell and as they came back into view Hudson's lead had grown considerably and he crossed the winning line with well over a minute to spare over Ted Mason 34.49 and 36.06, Schofield had also got the better of Junior International James Mason of Grassington 36.30 and 37.11. With Beck fending off the challenge of Shepherd to finish fifth and sixth and 1<sup>st</sup> and 2<sup>nd</sup> Vets 39.09 and 39.22 with John Quine 7<sup>th</sup> 40.16 and 3<sup>rd</sup> Vet Steven Hounslow 40.24. Kate Rogan of Barnoldswick, once again took the ladies prize with a brilliant run in 46.25, 2<sup>nd</sup> Judith Marshall 53.17 and 3<sup>rd</sup> Nicole Slater 56.26.

Under 17s - 1<sup>st</sup> Martin Swainson of Grasmere 19.43, 2<sup>nd</sup> Chris. Doyle 20.59, 3<sup>rd</sup> Martin Hounslow 22.32. First girl Karen Bowe of Kendal 27.07, 2<sup>nd</sup> Naomi Biddle 28.04, 3<sup>rd</sup> Sally Shepherd 32.27. Under 14s - Andrew Wilkin of Windermere 6.33, 2<sup>nd</sup> Carl Robinson 6.37, 3<sup>rd</sup> Stuart Hunn 6.44. First girl Kelli Roberts of Kendal 7.08, 2<sup>nd</sup> Sheryl Slater 7.40. Under 12s - Caleb Wetherell of Cowling 5.20, 2<sup>nd</sup> Joshua Darling 5.25, 3<sup>rd</sup> David Shepherd 5.30. First girl Janie Oates of Kendal 6.14, 2<sup>nd</sup> Gemma Crowther 6.56, 3<sup>rd</sup> Katie Robinson 7.08. Under 9s - Liam Waite of Lancliffe 3.49, 2<sup>nd</sup> Jenny Addison 3.58, 3<sup>rd</sup> Duncan Lund 4.02.

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## AMBLESIDE SPORTS (11)

The largest crowd for many years saw the Merritt & Fryers B.O.F.R.A. Championship race take place at Ambleside Sports, Cumbria last Thursday. With England Internationals in the line up and including the leaders in this years championship the spectators were to be treat to a real fast fell race. From the start Robert Hope of Horsforth and Stephen Hawkins of Grassington took up the early running soon pulling thirty yards clear of Robert Hudson, Steven Savage, Ted Mason, Mark Roberts and James Mason. As the two leaders passed the halfway point of the climb the gap had grown somewhat and it seemed as though the chasing runners were giving the front two too much rope and would take some reeling in. With the summit in site, Hope powered his way past Hawkins and quickly pulled fifty yards clear at the turn. Hope knew he needed this lead, as the runners behind were much faster on the descent. Hawkins soon started to eat into Hopes lead and also Hudson started one of his flying descents but surely he lost the race at the start by giving the front two such a long lead. But try as Hawkins did, Hope fended off the challenge and crossed the winning line in 14.19 just seven seconds ahead of Hawkins 14.26, Hudson of Malham, who previously had beaten the winner by over two minutes in an earlier Championship race at Gargrave had to settle for 3<sup>rd</sup> 14.48, Savage 4<sup>th</sup> 15.13, Ted Mason 5<sup>th</sup> 15.20, Mark Roberts 6<sup>th</sup> 15.23, James Mason 7<sup>th</sup> 15.54. First Vet Billy Procter of Kental 16.01, 2<sup>nd</sup> Mark Salkild 17.13, 3<sup>rd</sup> Andy Beck 17.24. Kate Rogan of Barnoldswick, at just seventeen had one of the races of her life to get within six seconds of the very talented international Claire Tomkinson of Loughborough 17.12 and 17.18 respectively with 3<sup>rd</sup> lady Kirsten Bailey 20.50.

Under 17s:- 1<sup>st</sup> C. Doyle - Ulverston 10.51, 2<sup>nd</sup> M. Swainson 11.03, 3<sup>rd</sup> D. Trundel 12.18. First girl K. Bowe - Kendal 15.07, 2<sup>nd</sup> N. Biddle 16.18 3<sup>rd</sup> S. Shepherd 17.37. Under 14s:- 1<sup>st</sup> A. Wilkin - Windermere 8.44, 2<sup>nd</sup> M. Stuart 8.59, 3<sup>rd</sup> L. Paget 9.04. First girl K. Roberts 9.18, 2<sup>nd</sup> E. Stuart 10.57, 3<sup>rd</sup> G. Dean 11.07. Under 12s:- 1<sup>st</sup> C. Wetherell 7.05, 2<sup>nd</sup> D. Shepherd 7.08, 3<sup>rd</sup> J. Darling 7.17. First girl J. Oates - Kendal 8.27, 2<sup>nd</sup> G. Crowther 9.08, 3<sup>rd</sup> E. Thompson 9.21.

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## BUSINESS AS USUAL (12)

The Merritt & Fryers B.O.F.R.A. championship came locally to Grassington for the first time last Sunday, with great success. Run from outside the Foresters Arms, the first quarter mile is run on the road so a furious pace was set from the start by Bingley Harrier Alfie Atkinson, well known for his track running and the course suited to his style of running he was still in the lead as the field passed the Under 14s turns but soon after he was joined in the lead by Robert Hudson, Ted Mason and Ian Taylor, with local Grassington runner James Mason just off the pace. Passing the Under 17s turn and on towards the summit Hudson went into overdrive, quickly pulling clear of Atkinson, to turn first with a half minute lead. Mason and Taylor were having a real dual for 3<sup>rd</sup> place with positions changing seven times before the turn with Mason eventually getting the upperhand, with no pressure coming from behind it looked like the first four positions would be filled by this quartet. On the run for home it seemed that Hudson had taken his foot off the peddle as Atkinson started to close, but not for long as Hudson opened up once more to extend his lead as he crossed the line over a minute in front of Atkinson 30.22 and 31.25, Ted Mason had a brilliant run for home stretching clear of Taylor and just twenty seconds behind Atkinson 31.45 and 32.08, James Mason easily holding onto fifth 32.58 with Mark Salkild of Nottingham sixth and first veteran 33.43, second Veteran Antony Shepherd 34.50 and third Steven Hounslow 35.26. England International Kate Rogan of Barnoldswick was the first placed lady crossing the winning line in 39.24 over a minute clear of her nearest rival Kandra White 40.30 and third lady Kali Taylor 43.19.

Under 17s Results: Martin Swainson of Grasmere 17.55, 2<sup>nd</sup> Martin Hounslow 18.21 3<sup>rd</sup> Ross Whitaker 18.28. First Girl Helen Glover of Keighley 19.02, 2<sup>nd</sup> Naomi Biddle 21.42, 3<sup>rd</sup> Karen Bowe 22.00. Under 14s Results: Andrew Wilkin of Windermere 9.48, 2<sup>nd</sup> Luke Paget 10.26 3<sup>rd</sup> Tim Oates 10.45. First girl Sheryl Slater of Giggleswick 11.17 2<sup>nd</sup> Gemma Dean 11.31 3<sup>rd</sup> Francesca Coulthred 13.17. Under 12s Results: Matthew Hurst of Kirkby Malham 8.13, 2<sup>nd</sup> David Shepherd 8.24, 3<sup>rd</sup> Scott Thwaites 8.26. First girl Janie Oates of Kendal 9.21, 2<sup>nd</sup> Claire Lilley 9.57, 3<sup>rd</sup> Susanne Clegg 9.58. Under 9s Results Harry Croft of Hebden 3.33, 2<sup>nd</sup> Sam McElhinney 3.45, 3<sup>rd</sup> Emma Thompson 3.52, 4<sup>th</sup> Duncan Lund 4.03, 5<sup>th</sup> Forrest Hamilton 4.10.

## HAWKSWICK DASH (13)

The Merritt & Fryers B.O.F.R.A. Championship last Sunday held it's thirteenth race at Hawkswick, North Yorkshire. Due to the replanting of trees by the National Parks, a new course had to be established. Run from the centre of Hawkswick Village the course took the runners diagonally across the fell to the summit where they ran across the skyline to the turn with an almost vertical descent. From the start the almost unbeatable Robert Hudson from Malham took up the early running and soon pulled clear of Ted Mason and Patrick Boyd, who in turn had pulled clear of Lee Athersmith, John Wooton, Mark Salkild, Paul Targett and Andy Holden. Approaching the Under 17s turn, Mason and Boyd started to push hard towards Hudson and reduced the deficit to almost twenty yards. Reaching the summit and the run along the skyline Hudson's stride lengthened once again and the twenty yards lead soon became sixty, but not to be outdone Mason set off in pursuit, leaving Boyd behind as he took the descent at breakneck pace, but Hudson who also is renowned for his descending, kept Mason at bay to cross the winning line in what is now a new record time of 11.16, Mason closing the gap to just twelve seconds 11.28. Boyd just holding onto 3<sup>rd</sup> from the fast finishing Wooton 12.24 and 12.27, Athersmith 5<sup>th</sup> 12.41, Targett 6<sup>th</sup> 12.49. This is the point in the season where the Championship starts to take shape, as the best twelve results from twenty races count towards the final standings. First Vet Mark Salkild of Nottingham 12.57, 2<sup>nd</sup> Roger Gibson 13.24, 3<sup>rd</sup> Gary Bastow 13.30. The winner of the Ladies race was Lynn Whitaker of Hellifield in 21.26, 2<sup>nd</sup> Tracey Targett 21.32.

Junior Results:- Under 17s - Martin Swainson of Grasmere 9.43, 2<sup>nd</sup> Martin Hounslow 10.05, 3<sup>rd</sup> Ross Whitaker in 10.06. First girl Karen Bowe of Kendal 12.07, 2<sup>nd</sup> Sally Shepherd 13.00, 3<sup>rd</sup> Debra Waddington 13.25.

Under 14s - 1<sup>st</sup> Stuart Hunn of Skipton 5.39, 2<sup>nd</sup> Adam Crowe 6.07, 3<sup>rd</sup> Lee Wood 6.34. First girl Francesca Coulthred of Cowling 7.41. Under 12s - Caleb Wetherell of Cowling 4.05, 2<sup>nd</sup> Matthew Hurst 4.15, 3<sup>rd</sup> Joshua Darling 4.22. First Girl Caroline Hall of Airton 4.57, 2<sup>nd</sup> Claire Lilley 5.06, 3<sup>rd</sup> Amy Hall 5.17. Under 9s - First Liam Waite of Langcliffe 2.40, 2<sup>nd</sup> Emma Thompson 2.50, 3<sup>rd</sup> Duncan Lund 2.53, 4<sup>th</sup> Rebecca Thompson 2.55, 5<sup>th</sup> William Hall 3.00.

## OLDFIELD TAKES HONOURS (14)

The Merritt & Fryers B.O.F.R.A. Championship returned to Gargrave Show last Saturday for the first time in many years. Run from the grounds of Eshton Hall, the course takes the runners through the river, across two fields and onto the fell of Sharpaw. Starting in the middle of the arena, the runners made their way out of the showfield towards to river, which has to be crossed twice. The lead was taken up by local lad, James Mason of Grassington and Bradford's Steve Oldfield, with Mark Horrocks, Will Smith, Lee Athersmith and Andy Holden close by. Across the fields and onto the fell Oldfield and Mason started to open up a gap on the rest of the runners. It was nip and tuck between these two until they approached the last steep climb towards the cairn, where Oldfield took command and quickly pulled clear of Mason, who in turn, was now coming under pressure from Horrocks. As they turned the summit Oldfield's lead had grown to thirty seconds, with Mason turning twenty seconds in front of Horrocks, with Smith, Holden, Athersmith and Mark Salkild turning in that order. On the run to the finish International Veteran Oldfield extended his lead even further to cruise across the winning line to an appreciative crowd in 23.16, but nearly two minutes outside the course record set last year by Robert Hope of Leeds in 21.21. A real battle was going on for second place as Horrocks was gaining fast on Mason, but a sprint for the line, saw Mason just hanging on to beat Horrocks by just three seconds 24.04 and 24.07. Smith could make no impression on the first three but held onto fourth from the fast finishing Athersmith 25.36 and 25.49, Holden dropping a place to sixth 26.07 Salkild seventh and second Vet. 26.18, third Vet Antony Shepherd 26.47. Kate Rogan of Barnoldswick had a bloodless victory over her rivals being first lady home in 31.38, second Nicole Slater 35.12, third Lynn Whitaker 37.46.

Under 17s:- 1<sup>st</sup> J. Carter of Brighouse 14.42, 2<sup>nd</sup> M. Hounslow 14.56, 3<sup>rd</sup> S. Athersmith 15.29. 1<sup>st</sup> Girl H. Glover of Keighley 15.49, 2<sup>nd</sup> L. Greenham 17.35, 3<sup>rd</sup> N. Biddle 17.47. Under 14s:- A. Wilkin of Windermere 9.47, 2<sup>nd</sup> S. Hunn 10.02, 3<sup>rd</sup> L. Paget 10.27. First Girl S. Slater of Giggleswick 10.48, 2<sup>nd</sup> G. Dean 12.17, 3<sup>rd</sup> S. Coates 12.35. Under 12s:- D. Shepherd of Settle 7.17, 2<sup>nd</sup> C. Wetherell 7.28, 3<sup>rd</sup> J. Darling 7.33. First Girl H. Paget of Brookhouse 8.55, 2<sup>nd</sup> K. Waite 9.22, 3<sup>rd</sup> C. Lilley 9.23. Under 9s:- 1<sup>st</sup> I. Waite of Langcliffe 6.21, 2<sup>nd</sup> D. Lund 6.27, 3<sup>rd</sup> Emma Thompson 6.31, 4<sup>th</sup> F. Hamilton 6.40, 5<sup>th</sup> Rebecca Thompson 6.41.

## HEBDEN SPORTS (15)

Hebden Sports became the latest venue for the Merritt & Fryers B.O.F.R.A. Championship last Bank Holiday Monday. Run in very wet conditions and with the two leaders in the Championship missing, this gave an opportunity to those athletes who have recently played second fiddle. Hebden, more of a steep cross country race than actual fell attracted Mick Hawkins of Hawkswick, better known in recent years as a track athlete. Hawkins, a B.O.F.R.A. Champion from a decade ago, rushed into an early lead from the very promising youngster from Grassington, James Mason. As the runners ran along the path adjacent to the stream and then onto the short fell, Hawkins was still in the lead pulling slightly clear of Mason, who in turn, was being joined in second place by Greg Hull, Lee Athersmith, John Wootton and Colin Moses. Round the summit and the run across the skyline saw Mason start to make ground on the leader, with the rest of the runners in single file. Down the fields and across the stream, and with two hundred and fifty yards of uphill running to the finish, Hawkins held off the persistent challenging of the Junior International to win by thirteen seconds 11.12 and 11.25. A scrap for third place developed which Hull got the better of Athersmith and Moses 11.40, 11.44 and 11.50, Wootton coming home sixth 12.06. First Veteran Mark Salkild of Nottingham 12.20, second Robert Hamilton 12.28, third Antony Shepherd 12.31. The course record was lowered in the Ladies race by four seconds due to a brilliant run by Lucy Wright of Yeadon 12.56, young International Kate Rogan was beaten into second place by just one second by the more experienced Erika Nutter 13.52 and 13.53.

Under 17s - Martin Swainson of Grasmere 12.56, 2<sup>nd</sup> Ross Whitaker 13.16, 3<sup>rd</sup> Martin Hounslow 14.05. First girl Laura Greenham of Keighley 15.39, 2<sup>nd</sup> Karen Bowe 15.57, 3<sup>rd</sup> Kaileigh Greenham 16.21. Under 14s - Stuart Hunn of Skipton 9.08, 2<sup>nd</sup> Luke Paget 9.08, 3<sup>rd</sup> Carl Robinson 9.09. First girl Kelli Roberts of Kendal 9.45, 2<sup>nd</sup> Sheryl Slater 10.15, 3<sup>rd</sup> Gemma Dean 12.08. Under 12s - Caleb Wetherell of Cowling 6.20, 2<sup>nd</sup> David Shepherd 6.23, 3<sup>rd</sup> Matthew Hurst 6.28. First girl Janie Oates 7.34, 2<sup>nd</sup> Kirsty Nolan 7.40, 3<sup>rd</sup> Claire Lilley 8.02. Under 9s - Duncan Lund 3.40, 2<sup>nd</sup> Emma Thompson 3.46, 3<sup>rd</sup> John Paylor 3.53, 4<sup>th</sup> David Hart 3.55, 5<sup>th</sup> Henry Briggs 4.01.

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## MUKER SHOW (16)

The Merritt & Fryers B.O.F.R.A. Championship arrived in Swaledale last Wednesday at Muker Show. With the river in flood, the alternative route had to be taken, so with a long loop to the race, including styles and a narrow bridge to encounter the race was obviously longer. Lee Athersmith went into an early lead from Ted Mason and Stuart Reid. The runners go out of sight momentarily as they cross the bridge but are soon back in sight of the crowd. Athersmith had opened up a sizable lead as he started to climb the fell. The fast early pace though, started to tell on him as Mason and Reid started to close rapidly. On reaching halfway Mason went into the lead with Reid close behind with Athersmith slipping back to third while just behind Alan Life, Andy Holden and Ben Lonsdale were having a real battle for the fourth spot. Having turned round the marshall, the fell summit and with a short run along the top before descending diagonally across the fell Mason started to assert, quickly pulling clear before entering the showfield to great applause from the large crowd to cross the line in 16.14, Reid second 17.03 from the fast finishing Life 17.19, Athersmith fourth 17.41, Holden fifth 18.11. First Veteran A. Shepherd 18.36, second S. Hounslow 18.41, third D. Hird 18.51.

Junior Results:- Under 17s - 1<sup>st</sup> M. Swainson 18.31, 2<sup>nd</sup> M. Hounslow 18.58, 3<sup>rd</sup> R. Whitaker 19.31. First girl S. Shepherd 23.17, 2<sup>nd</sup> N. Biddle 23.47. Under 14s - 1<sup>st</sup> A. Wilkin 11.28, 2<sup>nd</sup> L. Paget 12.02, 3<sup>rd</sup> L. Wood 14.00. First girl K. Roberts 12.54, 2<sup>nd</sup> G. Dean 14.37. Under 12s - M. Hurst 9.06, 2<sup>nd</sup> D. Shepherd 9.19, 3<sup>rd</sup> B. Davies 9.27. First girl J. Philips 12.31, 2<sup>nd</sup> S. Hurst 18.10.



## MIST DESCENDS AT BURNSALL (17)

With just four races to go to the end of the season, the Merritt & Fryers B.O.F.R.A. Championship came to Burnsall, North Yorkshire last Sunday. Persistent rain and thick mist lingering over the fell, conditions for the runners were anything but ideal. There were six athletes contesting for the early lead including Ted Mason, Andy Holden, Lee Athersmith, Colin Moses, Mark Salkild and Antony Shepherd, the early pace was very fast, but with conditions far from ideal the race being run at this speed it had to take its toll later on in the race. Passing the Under 14s turn it was Mason who forged his way into the lead, quickly pulling twenty yards clear, with Moses and Holden taking up the chase in second and third. As Mason turned the summit his lead had increased considerably. The descent at Burnsall takes a different route and this is where it is terribly dangerous, even in dry conditions, the fell looks awesome but in this weather safety first is a premium. Mason from Appletreewick, probably running better than he has all season, descended the fell in great style to cross the winning line in 15.15. Moses rounded the summit in second place and kept this position as he crossed the line from the fast finishing Athersmith who had overtaken Holden in the descent, all three finishing in 15.58, 16.18 and 16.39 respectively. Salkild of Nottingham fifth and first Veteran 17.07, Shepherd sixth and second Veteran 17.21, Robert Hamilton seventh and third Veteran 17.27. First lady Nicole Slater of Giggleswick recorded her first win of the season crossing the line in 23.27, Lynn Whitaker second 28.55.

Junior Results:- Under 17s - 1<sup>st</sup> Ross Whitaker of Nelson 13.59, 2<sup>nd</sup> Simon Winstanley 16.03. First girl Laura Greenham of Keighley 16.09, 2<sup>nd</sup> Kaileigh Greenham 16.15, 3<sup>rd</sup> Sally Shepherd 16.42. Under 14s - 1<sup>st</sup> Andrew Wilkin of Windermere 8.11, 2<sup>nd</sup> Stuart Hunn 8.19, 3<sup>rd</sup> Luke Paget 8.21. First girl Sheryl Slater of Giggleswick 9.28, 2<sup>nd</sup> Kelli Roberts 11.31. Under 12s - 1<sup>st</sup> David Shepherd of Settle 4.16, 2<sup>nd</sup> Ben Davies 4.18, 3<sup>rd</sup> Caleb Wetherell 4.20. First girl Janie Oates of Kendal 5.05, 2<sup>nd</sup> Gemma Crowther 5.15, 3<sup>rd</sup> Rosie Parkinson 5.18. Under 9s - 1<sup>st</sup> Liam Waite of Langcliffe 1.51, 2<sup>nd</sup> Duncan Lund 1.55, 3<sup>rd</sup> Thomas Marsh 1.56, 4<sup>th</sup> Emma Thompson 1.58, 5<sup>th</sup> Kirsty Chaplow 2.02.

## HUDSON TRIUMPHS OVER MASON 18)

The Moorock Inn in Garsdale, North Yorkshire paid host to the Merritt & Fryers B.O.F.R.A. Championship last Sunday. Mother nature threw conditions at the fell runners not seen in a B.O.F.R.A. race for many years. With high winds, mist, fog and torrential rain, the runners set off on the longest fell race of the season. Robert Hudson and Ted Mason led the field up the first of two fells, with just behind Lee Athersmith, Andy Holden, Stuart Cameron, Steven Hounslow were also very close together. After reaching the first summit nothing separated the two leaders and after running along the fell top to the first of the very steep descents Mason started to dominate Hudson as he opened up a sizable lead. As they started to climb once again, Hudson stepped up a gear and quickly drew level with Mason. After climbing to the summit once again, this is where Hudson took charge and as they came passed the Under Seventeens turn on the way back his lead had extended to what became a winning one as Hudson of Malham crossed the winning line in 35.02, Mason to his credit kept up the chase and crossed the line in 36.19, Athersmith easily holding onto third to finish in 38.17, Holden fourth 39.37, Camerson fifth 40.30, Hounslow sixth and First Veteran 41.01, Antony Shepherd 2<sup>nd</sup> Vet 41.50, Dave Richardson 3<sup>rd</sup> Vet 42.20. 1<sup>st</sup> Lady Nicole Slater of Giggleswick 58.59.

Junior Results:- Under 17s - 1<sup>st</sup> Chris. Doyle of Ulverston 22.14, 2<sup>nd</sup> Ross Whitaker 25.32, 3<sup>rd</sup> Simon Winstanley. First Girl Sara Tunstall of Kirby Stephen 27.20, 2<sup>nd</sup> Naomi Biddle 28.49, 3<sup>rd</sup> Karen Bowe 29.00. Under 14s - 1<sup>st</sup> Stuart Hunn of Skipton 15.16, 2<sup>nd</sup> Adam Crowe 16.24, 3<sup>rd</sup> Alex. Berry 16.25. First girl Sheryl Slater of Giggleswick 17.08, 2<sup>nd</sup> Kelli Roberts 17.11, 3<sup>rd</sup> Gemma Dean 20.32. Under 12s - Caleb Wetherell of Cowling 10.00, 2<sup>nd</sup> Mathew Hurst 10.14, 3<sup>rd</sup> David Shepherd 10.23. First girl Gemma Crowther of Kendal 12.36, 2<sup>nd</sup> Rosie Parkinson 12.38, 3<sup>rd</sup> Claire Lilley 12.54. Under 9s - Liam Waite of Langcliffe 4.23, 2<sup>nd</sup> Duncan Lund 4.26, 3<sup>rd</sup> Emma Thompson 4.41, 4<sup>th</sup> Thomas Marsh 4.44, 5<sup>th</sup> Rebecca Thompson 4.45.

## RAINSWEPT EMB SAY (19)

Robert Hudson of Malham continued his dominance in the Merritt & Fryers B.O.F.R.A. Championship held last Sunday at rainswept Embsay, North Yorkshire. With the replanting of trees, the course had to be re-routed, making it slightly longer. Once again, as in the last two weeks the weather was so very unkind to the athletes, not so much the rain but thick mist shrouded the summit with visibility down to just a few yards. Hudson, James Mason, Colin Moses, Will Smith and Lee Athersmith headed the runners early in the race, but as they rounded the cottage overlooking the reservoir and entered onto the steepest part of the fell it was Hudson and Mason who started to forge ahead. Rounding the summit, nothing separated the two leaders, as did the next five runners, who were separated by just a few seconds. After running through the bracken and across the first of six fields to the finish line it was Hudson who started to get the better of Mason, who at just Seventeen is a young pretender for the B.O.F.R.A. title in future years. All credit must go to Hudson who after a long season has kept himself at the top of his form and he crossed the line to win by just four seconds from Mason 20.46 and 20.50. Smith having a great descent coming in third 21.10, Moses just holding off Athersmith fourth and fifth 21.25 and 21.32. Ian Ferguson of Haworth coming through the field to finish sixth and first Veteran 21.57, second Vet Mark Salkild 22.30, third Robert Hamilton 22.40. First lady of Burton in Lonsdale Helen Sedgwick 25.20, second Lynn Whitaker 34.31.

Junior Results:- Under 17s - 1<sup>st</sup> Ross Whitaker of Nelson 25.26, 2<sup>nd</sup> Martin Hounslow 25.28, 3<sup>rd</sup> Tim Charlton 30.42. First girl Helen Glover of Keighley 26.03, 2<sup>nd</sup> Kaisleigh Greenham 29.25, 3<sup>rd</sup> Charlotte Leng 30.08. Under 14s - 1<sup>st</sup> Stuart Hunn of Skipton 14.11, 2<sup>nd</sup> Alex Berry 14.36, 3<sup>rd</sup> Carl Robinson 14.41. First girl Kelli Roberts of Kendal 14.45, 2<sup>nd</sup> Vicky Coggins 17.13. Under 12s - 1<sup>st</sup> David Coggins of Ingleton 9.25, 2<sup>nd</sup> Caleb Wetherell 9.35, 3<sup>rd</sup> Mathew Hurst 9.40. First girl Jos. Gallagher of Ilkley 11.14, 2<sup>nd</sup> Rosie Parkinson 11.43, 3<sup>rd</sup> Grace Biddle 11.54. Under 9s - 1<sup>st</sup> Liam Waite of Langcliffe 3.48, 2<sup>nd</sup> Duncan Lund 3.49, 3<sup>rd</sup> Emma Thompson 3.54, 4<sup>th</sup> Rebecca Thompson 4.00, 5<sup>th</sup> Zac Thackery 4.02.

## MISTY WASDALE (20)

The last race in the Merritt & Fryers B.O.F.R.A. Championship season took place at Wasdale Head, Cumbria last Sunday. With 2,480 feet of climb in front of them the runners set off from the show field to what is the hardest race in the B.O.F.R.A. calendar. Colin Moses from Keighley and George Crayston went into the early lead with Andy Holden of Hellifield, having his best season for many years, in third, Sam Hounslow, Keith Smith, Paul Targett and Simon Maytum, all in a bunch just behind. The two leaders started to pull away and it wasn't long before there was a significant gap between them and the rest of the field. At this point the runners disappeared into the thick mist which covered more than half the fell, but with radio contact on the fell summit from a fell rescue member, it was Crayston of Calderbridge who had took the initiative from Moses and turned first. Descending in the mist proved no problem for the leader and as he came back into view he had a healthy lead over Moses, both crossing the line in first and second 37.16 and 38.46. Holden keeping third place from Targett fourth 42.51 and 43.15. The rest of the field had great difficulty negotiating the descent with many of the runners coming in off a true line due to the visibility being down to just a couple of yards. Hounslow crossed the line in fifth just ahead of the first Vet Keith Smith of Egremont 46.07 and 46.18. Second Vet David Fell 49.36, third Antony Shepherd 52.26. First lady Lyndsey Buck of Gosforth 61.59.

Junior Results:- Under 17s - 1<sup>st</sup> C. Hindmoor of Maryport 7.03, 2<sup>nd</sup> Ross Whitaker 8.08, 3<sup>rd</sup> Andrew Winder 8.52. First girl Sally Shepherd of Settle 11.57. Under 14s - Andrew Wilkin of Windermere 5.36, 2<sup>nd</sup> Stuart Hunn 5.40, 3<sup>rd</sup> Luke Paget 5.46. First girl Kelli Roberts of Kendal 6.18, 2<sup>nd</sup> Debbie McGee 7.05. Under 12s - David Shepherd of Settle 3.42, 2<sup>nd</sup> Ben Davies 3.44, 3<sup>rd</sup> John Marsh 3.46. First girl Hannah Paget of Brookhouse 4.20, 2<sup>nd</sup> Sarah Marsh 4.39, 3<sup>rd</sup> Grace Robinson 5.45.

# WINTER LEAGUE 2001

<u>SUNDAY</u>		<u>EVENTS START AT 12 NOON</u>	<u>Grid Ref.</u>
14 <sup>th</sup> January	<b>R</b> <b>LP</b>	<b>BURTON CROSS COUNTRY</b> Gallaber Farm, Burton-in-Lonsdale	652 735
21 <sup>st</sup> January		<b>HOAD HILL RACE</b> Ulverston Victoria Low School, Ulverston	291 786
28 <sup>th</sup> January		<b>SCOUT SCAR ROUGH CROSS COUNTRY RACE</b> Brigsteer Road, Kendal	497 915
4 <sup>th</sup> February	<b>R</b>	<b>STAVELEY HEAD FELL RACE</b> Birkfield, Staveley	483 991
11 <sup>th</sup> February	<b>LP</b>	<b>UNDER HELM FARM</b> Grasmere	334 087
18 <sup>th</sup> February	<b>R</b>	<b>HELM HILL RACE</b> - Oxenholme <u>Entries &amp; Raffle Proceeds to Leukaemia Research</u>	
25 <sup>th</sup> February		<b>CAUTLEY FELL RACE</b> Cautley, Sedbergh.	698 969
4 <sup>th</sup> March	<b>LP</b>	<b>ELM TREE FARM HILL RACE</b> Preston Patrick.	545 829
11 <sup>th</sup> March		<b>CHURCH HOUSE FELL RACE</b> Torver, Coniston.	285 942
18 <sup>th</sup> March	<b>R</b>	<b>CARLINGILL FELL RACE</b> Howgill, Sedbergh.	
25 <sup>th</sup> March		<b>ARANT HAW PIKE FELL RACE</b> Havera, Sedbergh.	652 924
1 <sup>st</sup> April		<b>BARBON FELL RACE</b> Dent Road, Barbon.	663 836
8 <sup>th</sup> April		<b>AUSTWICK FELL RACE</b> Austwick.	767 684
15 <sup>th</sup> April	<b>E</b>	<b>ELTERWATER COMMON FELL RACE</b> Elterwater, Great Langdale.	329 050
22 <sup>nd</sup> April		<b>BURNEY FELL RACE</b> Gawthwaite Common, Grizebeck	268 848
29 <sup>th</sup> April	<b>R</b>	<b>KENDAL CASTLE RELAY RACE</b> (Meet at the Lads Club) Beezon Close, Kendal.	

*PRIZE, PRESENTATION, REFRESHMENTS, ETC.  
SMALL RAFFLE PRIZE.*

**R = Raffle    LP = Limited Parking    E = Easter**