

## Ambleside Sports - Results 31 July 2014

### Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	832	Mark	Addison	Man	13:59	Helm Hill	1st Man
2	924	Rhys	Robinson	Man	14:11	Dark Peak FR	2nd Man
3	2	Ted	Mason	Man	14:16	Wharfedale Harriers	3rd Man
4	910	Matthew	Roberts	Man	14:39	Eryri	
5	835	Phil	Davies	MV45	14:41	Borrowdale FR	1st MV45
6	75	Jack	Smith	MU23	14:46	Wharfedale Harriers	1st MU23
7	913	George	Crayston	Man	14:56	U/A	
8	837	Jack	Wright	MU23	15:03	Ambleside	
9	38	Jonny	Bradshaw	MU23	15:11	Wharfedale Harriers	
10	58	Oscar	Meanwell	MU23	15:16	Borrowdale	
11	838	Michael	Bartram	MU23	15:25	West Suffolk AC	
12	824	Chris	Edis	Man	15:42	Keswick AC	
13	839	Lee	Procter	Boy	16:01	Ambleside	
14	920	Timothy	Cowin	MV40	16:14	Howgill Harriers	1st MV40
15	64	Mark	Taylor	MV40	16:21	U/A	
16	81	Paul	Dugdale	MV45	16:40	Kendal	
17	840	Mike	McVey	Man	16:42	Ambleside	
18	794	Andrew	Kaufman	Man	16:48	Wigan Harriers	
19	71	John	Young	Man	17:02	Harrogate Harriers	
20	96	John	Lockwood	MU23	17:07	Wharfedale Harriers	
21	65	Jack	Wood	Man	17:19	Ilkley Harriers	
22	67	Iain	Gibbons	MV40	17:21	Ilkley Harriers	
23	105	Ian	Willis	MV40	17:22	Keighley & Craven	
24	90	John	Marsh	Man	17:37	U/A	
25	831	Jonny	Marchant	MV40	17:44	Helm Hill	
26	911	Robert	Crawford	Man	17:58	Coniston FR	
27	79	Jim	Roberts	MV45	17:59	Keighley & Craven	
28	888	Sam	Mason	Man	18:07	U/A	
29	94	Paul	Reilly	Man	18:09	Coniston	
30	842	Paul	Knowles	MV45	18:13	Ambleside	
31	92	Darren	Fishwick	MV40	18:15	Chorley	
32	62	Craig	Burrow	MV40	18:18	Helm Hill	
33	174	Emma	Hopkinson	Lady	18:20	Wharfedale Harriers	1st Lady
34	826	Zacharie	Pedley	MU23	18:28	Keswick AC	
35	61	Gary	Bastow	MV50	18:32	Ripon Runners	1st MV50
36	171	Lauren	Munro-Bennett	LU23	18:35	Helm Hill	2nd Lady/1st LU23
37	800	Jon	Rodger	MV40	18:36	Driffiekd Striders	
38	916	Karl	Mason	Man	18:38	Helm Hill	
39	828	Pete	Daly	MV45	18:39	Pennine Fell Runners	
40	198	Hazel	Robinson	LV40	18:50	Ambleside	3rd Lady/1st LV40
41	917	Robin	Stones	Man	19:06	Helm Hill	
42	59	Roger	Aubrey	MV50	19:08	Helm Hill	
43	55	Keith	Holder	MV50	19:11	Wharfedale Harriers	
44	833	Steve	Carr	MV50	19:16	U/A	
45	69	Stephen	Nicholls	Man	19:19	Wigan & District	
46	160	Kirsty	Hall	LV40	19:22	Wharfedale Harriers	
47	95	Mick	Hill	Man	19:28	Pudsey & Bramley	
48	40	Rob	Hudson	MV40	19:37	U/A	
49	808	Harry	Longman	MV50	19:38	Wreake Runners	
50	895	Rick	Harwood	MV40	19:39	U/A	
51	821	Simon	Dixon	MV45	19:56	Dark Peak FR	
52	927	Pollard	Stephen	MV50	20:00	Thames Hare Hounds	
53	22	John	Armitstead	Man	20:13	Helm Hill	
54	825	Catherine	Spurden	Lady	20:15	Keswick AC	
55	908	Alison	Richards	Lady	20:20	Helm Hill	
56	914	Tim	Murray	MV50	20:23	Helm Hill	
57	14	Thod	Gibson	MV50	20:25	Wharfedale Harriers	
58	57	Barry	Scholes	MV60	20:27	Wharfedale Harriers	1st MV60

59	819	Jonathon	Atkinson	Man	20:29	U/A	
60	170	Lesley	Watson	LV40	20:30	Bingley Harriers	
61	882	Gary	Mason	MV50	20:34	U/A	
62	823	Carrie	Gibson	LV40	20:36	Helm Hill	
63	154	Pippa	Barrett	LU23	20:43	Keighley & Craven	
64	915	Phil	Thurlow	MV45	20:45	Helm Hill	
65	56	Dave	Hammond	MV45	20:54	Calder Valley	
66	822	Bill	Coupe	MV50	20:54	Helm Hill	
67	843	Brian	Thompson	MV60	21:02	Helm Hill	
68	27	Jim	Coldwell	MV40	21:04	Swaledale	
69	193	Jean	Powell	LV45	21:17	Wharfedale Harriers	1st LV45
70	179	Kathleen	Aubrey	LV45	21:22	Helm Hill	
71	918	Joel	Staley	Man	21:27	Team Bath AC	
72	52	Brett	Muir	MV45	21:31	Wharfedale Harriers	
73	827	Nathan	Thomas	Man	21:42	U/A	
74	836	John	Matthews	MV45	21:44	Ambleside	
75	919	David	Appleyard	MV50	21:46	Helm Hill	
76	907	Rowan	Ranner	Lady	22:11	Helm Hill	
77	23	David	Wilson	MU23	22:19	Wharfedale Harriers	
78	793	Gary	Wane	Man	22:24	Wigan Harriers	
79	72	Richard	Briscoe	Man	22:28	Clayton-le-Moors	
80	923	Donna	Claridge	LV40	22:36	Dark Peak FR	
81	860	Matthew	Pickard	MV40	22:50	U/A	
82	921	Michael	Leddy	MV50	22:53	U/A	
83	168	Lindsay	Buck	LV45	22:55	CFR	
84	68	Trevor	Metcalfe	MV60	23:01	Wharfedale Harriers	
85	803	Eleanor	Knowles	LV45	23:03	Ambleside	
86	103	Andrew	Starling	MV45	23:04	Mercia	
87	8	Paul	Wilson	MV50	23:12	Wharfedale Harriers	
88	764	Nicola	Rylance	LV40	23:28	Ambleside	
89	161	Caroline	Harding	LV40	23:40	Pudsey & Bramley	
90	164	Dawn	Denton	LV40	23:47	Wharfedale Harriers	
91	810	Rachel	Slattery	LV45	23:52	Helm Hill	
92	830	Lorna	Askew	LV45	24:14	Helm Hill	
93	912	Mike	Thornley	MV40	24:23	U/A	
94	194	Sarah	Wilson	LU23	24:27	Wharfedale Harriers	
95	5	Raj	Madhas	MV45	24:43	Wharfedale Harriers	
96	13	Paul	Sessford	MV45	24:45	Keighley & Craven	
97	43	Steve	Milner	MV50	25:23	Wharfedale Harriers	
98	818	Mike	Jakeways	Man	25:26	Abi Duabi Striders	
99	844	John	Kleiser	Man	25:31	Delamere Spartans	
100	834	Sarah	Helliwell	Lady	25:32	Clayton Le Moors	
101	777	Angela	Paxton	LV45	25:34	U/A	
102	76	Tom	Irwin	MU23	25:44	Ochil Hill Runners	
103	841	Caroline	Wade	Lady	25:48	Helm Hill	
104	163	Anne	Milner	LV45	26:09	Wharfedale Harriers	
105	187	Su	Thompson	LV45	26:18	Wharfedale Harriers	
106	926	David	Carruthers	MV40	26:26	Cumberland Fell Runners	
107	191	Lynda	Hargreaves	LV45	26:36	Wharfedale Harriers	
108	106	Trevor	Murgatroyd	MV50	26:45	Calder Valley	
109	902	Aziz	Fellague	MU23	27:33	U/A	
110	922	Fiona	McCarthy	LV45	27:39	U/A	
111	869	Imogen	Kerr	LV45	27:49	U/A	
112	903	Jackie	Fellague	LV50	34:17	U/A	
113	787	Miles	Durkin	MV50	36:42	U/A	
114	829	Edmund	Moore	MU23	39:54	U/A	
115	104	Colin	Whittaker	MV50	DNF	Bowland FR	

### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	217	Thomas	Nelson	Boy	15:49	Wharfedale Harriers	1st Boy
2	204	Harry	Muir	Boy	16:16	Wharfedale Harriers	2nd Boy
3	885	Thomas	Marchant	Boy	16:27	Pendle	3rd Boy
4	216	Billy	Starling	Boy	17:15	Mercia	
5	207	Jacob	Steele	Boy	17:54	Dallam	
6	214	Jacob	Aubrey	Boy	17:54	Helm Hill	
7	875	Luke	Bowden	Boy	18:21	Ambleside	
8	847	James	Maxwell	Boy	18:25	Settle Harriers	
9	227	Katherine	Lawson	Girl	18:42	Helm Hill	1st Girl
10	208	George	Muir	Boy	19:01	Wharfedale Harriers	
11	223	Michael	Dugdale	Boy	19:13	Helm Hill	
12	898	Georgia	Stevens	Girl	19:44	Helm Hill	2nd Girl
13	786	Hannah	Durkin	Girl	19:54	Ambleside	3rd Girl
14	880	Sophie	Marshall	Girl	20:34	U/A	
15	211	Hannah	Newbold	Girl	21:16	Wharfedale Harriers	
16	202	Alice	Steele	Girl	21:56	Dallam	
17	775	Joel	Miller	Boy	22:24	U/A	
18	206	Ellamae	Gibson	Girl	22:35	Wharfedale Harriers	
19	809	Alice	Slattery	Girl	22:51	Helm Hill	
20	201	Mia	Senior	Girl	DNF	Helm Hill	

### Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	781	Joe	Edmondson	Boy	13:02	Broughton Runners	1st Boy
2	13	Joe	Hudson	Boy	13:24	Keighley & Craven	2nd Boy
3	1	Logan	Hargreaves-Mac	Boy	13:56	Wharfedale Harriers	3rd Boy
4	856	James	Salt	Boy	14:00	Border Harriers	
5	774	Esme	Davies	Girl	14:01	Eden Runners	1st Girl
6	901	Tom	Humphries	Boy	14:22	Eden Runners	
7	872	Katie	Atkinson	Girl	14:33	Keighley & Craven	2nd Girl
8	8	Imogen	Burrow	Girl	14:35	Helm Hill	3rd Girl
9	10	Gregan	Baker	Boy	14:50	Pendle	
10	15	Joe	Starling	Boy	15:07	Mercia	
11	17	Mia	Walsh	Girl	15:16	Helm Hill	
12	866	Frances	Bell	Girl	15:36	New Marske Harriers	
13	797	Tom	Barrett	Boy	15:53	Keighley & Craven	
14	790	Jack	Walton	Boy	15:55	Keighley & Craven	
15	772	Harry	Sanderson	Boy	16:11	Ambleside	
16	14	Emily	Jones	Girl	16:14	Wharfedale Harriers	
17	33	Shona	Hastings	Girl	16:22	Wharfedale Harriers	
18	19	Keera	Nelson	Girl	16:48	Wharfedale Harriers	
19	2	Katie	Smith	Girl	16:50	U/A	
20	26	Katie	Thurlow	Girl	16:58	Helm Hill	
21	3	Alex	Baker	Girl	17:21	Pendle	
22	899	Emelia	Stevens	Girl	18:06	Helm Hill	
23	805	Joey	Umpleby	Boy	18:37	Kendal	
24	27	Laura	Knowles	Girl	18:53	Keighley & Craven	
25	909	Amy	Slattery	Girl	19:16	Helm Hill	
26	892	Alice	Boston	Girl	20:12	Ambleside	
27	900	Jake	Todd	Boy	23:19	U/A	
28	767	Alex	Knowles	Boy	27:06	Ambleside	
29	817	Cameron	Hill	Boy	27:31	U/A	
30	886	Nev	Halke	Boy	DNS	U/A	

### Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	96	Fraser	Sproul	Boy	08:10	Kendal	1st Boy
2	780	Ben	Edmondson	Boy	08:14	Broughton Runners	2nd Boy
3	876	James	Bowen	Boy	08:17	Ambleside	3rd Boy
4	92	Louis	Hudson	Boy	08:23	U/A	
5	879	Joe	Hodgson	Boy	08:36	Ambleside	
6	98	Thomas	Marshall	Boy	08:42	Settle Harriers	
7	873	Harry	Bowen	Boy	08:50	Ambleside	
8	771	Daniel	Sanderson	Boy	08:52	Ambleside	
9	846	Bradley	Johnson	Boy	08:54	Kendal	
10	70	Josh	Roelants	Boy	08:55	Helm Hill	
11	85	Jack	Muir	Boy	09:03	Wharfedale Harriers	
12	874	James	Thornley	Boy	09:07	Ambleside	
13	858	Tom	Harree	Boy	09:11	U/A	
14	763	Chloe	Rylance	Girl	09:17	Ambleside	1st Girl
15	69	Sam	Smith	Boy	09:27	Wharfedale Harriers	
16	102	Lilli	Carr	Girl	09:31	Keighley & Craven	2nd Girl
17	77	Charlotte	Barrett	Girl	09:35	Wharfedale Harriers	3rd Girl
18	865	Jake	Wood	Boy	09:55	U/A	
19	79	Beth	Roberts	Girl	10:00	Keighley & Craven	
20	792	Luke	Hampshire	Boy	10:09	U/A	
21	864	Robin	Regan	Boy	10:10	U/A	
22	855	Ed	Salt	Boy	10:11	Border Harriers	
23	870	Vaughan	Samson	Boy	10:14	Helm Hill	
24	93	Laurn	Gregg	Girl	10:15	Rossendale Harriers	
25	894	Toby	Umpleby	Boy	10:19	Kendal	
26	804	James	Duffy	Boy	10:24	Calder Valley	
27	905	Daniel	Harris	Boy	10:26	Helm Hill	
28	71	Alice	Jones	Girl	10:27	Wharfedale Harriers	
29	78	Elliot	Wren	Boy	10:28	Helm Hill	
30	95	Declan	Walker	Boy	10:28	Pudsey & Bramley	
31	73	George	Milner	Boy	10:29	Wharfedale Harriers	
32	783	Jacob	Smith	Boy	10:32	Kendal	
33	63	James	Sabin	Boy	10:34	Keighley & Craven	
34	74	Addison	Willis	Boy	10:38	Keighley & Craven	
35	849	Ellen	Robbins Wilkins	Girl	10:41	City of Sheffield	
36	802	Seth	Howell	Boy	10:53	Helm Hill	
37	84	Sebastian	Segger-Staveley	Boy	11:01	Settle Harriers	
38	59	Mollie	Bratt	Girl	11:03	Helm Hill	
39	762	Sophie	Rylance	Girl	11:04	Ambleside	
40	850	Millie	Stubbs	Girl	11:08	Clayton Le Moors	
41	906	Jamie	Harris	Boy	11:10	Helm Hill	
42	1	Douglas	Segger-Staveley	Boy	11:12	Settle Harriers	
43	877	Matthew	Thornley	Boy	11:21	Ambleside	
44	83	Isaac	Hastings	Boy	11:22	Wharfedale Harriers	
45	776	Martha	Richards	Girl	11:23	Eden Runners	
46	904	Alex	Jackson	Boy	11:27	Ambleside	
47	883	Orran	Browne	Boy	11:28	U/A	
48	773	Olesia	Winder	Girl	11:30	Hoad Hill Harriers	
49	816	Mark	Steel	Boy	11:33	U/A	
50	788	Zak	Baron	Boy	11:34	Helm Hill	
51	795	Jonathan	Yarwood	Boy	11:34	U/A	
52	897	Lily	Dalkin-Strube	Girl	11:35	Pennine Fell Runners	
53	852	Logan	Hutchinson	Boy	11:37	Broughton Runners	
54	789	Emily	Swarbrick	Girl	11:38	Broughton Runners	
55	878	Will	McGuire	Boy	11:39	U/A	
56	845	Holly	Glaister	Girl	11:40	Ambleside	
57	806	Jack	Walmsley	Boy	11:40	U/A	
58	853	Courtney	Hutchinson	Girl	11:41	Broughton Runners	
59	848	Catlin	Rimmer	Girl	11:42	City of Sheffield	
60	785	William	Durkin	Boy	11:47	Ambleside	

61	799	Sam	Thornley	Boy	11:49	Ambleside	
62	769	Charlie	Blackburn	Boy	11:50	Ambleside	
63	851	Finley	Stubbs	Boy	11:52	Clayton Le Moors	
64	801	Joe	Howell	Boy	11:53	Helm Hill	
65	854	William	Paterson	Boy	11:57	Ambleside	
66	81	Jay	Nelson	Boy	12:00	Wharfedale Harriers	
67	859	James	Kelly	Boy	12:01	Ambleside	
68	868	Bethan	Rowley	Girl	12:02	U/A	
69	12	Lilly	Smith	Girl	12:03	U/A	
70	867	Freya	Richards	Girl	12:04	Helm Hill	
71	814	Islay	Aitken	Girl	12:07	Helm Hill	
72	770	Gordon	Blackburn	Boy	12:11	Ambleside	
73	889	Laitlin	Irving	Girl	12:13	WCOC	
74	807	Beth	Walmsley	Girl	12:14	U/A	
75	896	Ed	Kelly	Boy	12:17	U/A	
76	871	Clara	Samson	Girl	12:19	Helm Hill	
77	72	Maddie	Walsh	Girl	12:20	Helm Hill	
78	815	Finlay	Aitken	Boy	12:22	Helm Hill	
79	784	Cal	McIvey	Boy	12:30	Ambleside	
80	55	Katie	Handley	Girl	12:33	Wharfedale Harriers	
81	88	Tristain	Nelson	Boy	12:36	Wharfedale Harriers	
82	5	Maggie	Hudson	Girl	12:39	U/A	
83	798	Bryce	Coskell	Boy	13:22	Helm Hill	
84	812	Jack	Dobson	Boy	13:23	U/A	
85	893	Finley	Beecham	Boy	13:24	U/A	
86	768	Robert	Porter	Boy	13:34	Ambleside	
87	796	Matthew	Yarwood	Boy	13:36	U/A	
88	861	Rose	Pickard	Girl	13:42	U/A	
89	766	Rory	Knowles	Boy	13:57	Ambleside	
90	779	Jessica	Edmondson	Girl	14:01	Broughton Runners	
91	765	Tessa	Knowles	Girl	14:15	Ambleside	
92	884	Alexander	Wilson	Girl	14:19	U/A	
93	863	Alena	Cartmell	Girl	14:23	U/A	
94	11	Lily	Milner	Girl	14:31	Wharfedale Harriers	
95	857	Samuel	Kellett	Boy	14:34	U/A	
96	861	Rose	Pickard	Girl	14:41	U/A	
97	791	Callum	Oneher	Boy	14:56	U/A	
98	862	Asha	Cartmell	Girl	15:18	U/A	
99	811	Dean	Aughpin	Boy	15:25	U/A	
100	8	Mollie	Smith	Girl	15:58	Wharfedale Harriers	
101	80	Benjamin	Grundy	Boy	16:51	Keighley & Craven	
102	890	Sadie	Irving	Girl	16:54	U/A	
103	782	Joseph	Railton	Boy	DNF	Tri-triteamreid	
104	54	Will	Atkinson	Boy	DNF	Keighley & Craven	
105	813	Fabienne	Meschino	Girl	DNS	U/A	
106	881	Mackisnie	Smith	Boy	DNS	Whelley Greens	
107	778	Ethan	Hall	Boy	DNS	U/A	