

## Ambleside Sports - Results 27 July 2023

### Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Simon	Bailey	MV40	14:48	Staffs Moorlands	1st Man/1st MV40
2	Rob	Hope	MV45	15:16	Pudsey & Bramley	2nd Man/1st MV45
3	Ted	Mason	MV40	15:19	Wharfedale Harriers	3rd Man
4	Michael	Bartram	Man	15:33	Cambridge & Coleridge AC	
5	Tom	Simpson	Man	15:37	Ambleside AC	
6	Adam	Perry	Man	15:55	Helm Hill	
7	Eric	Beaumont	MU23	16:13	Keighley & Craven	1st MU23
8	William	Walker	MU23	16:27	Clayton-le-Moors	
9	Alistair	Dunn	MV50	16:35	Helm Hill	1st MV50
10	Gavin	Dale	Man	16:44	Ambleside AC	
11	Amelie	Lane	LU23	16:46	Wharfedale Harriers	1st Lady/1st LU23
12	Declan	Walker	MU23	16:53	Pudsey & Bramley	
13	Matthew	Athersmith	Man	17:00	Wharfedale Harriers	
14	Sean	Greenwood	Man	17:04	Rossendale Harriers	
15	Ian	Willis	MV50	17:07	Keighley & Craven	
16	Charlotte	Rawstron	LU23	17:23	Skyrac	2nd Lady
17	Brian	Pennington	MV45	17:33	Howgill Harriers	
18	William	Laye	Man	17:37	Helm Hill	
19	Adam	Crowe	Man	17:39	Ambleside AC	
20	Sean	Lecky	Man	17:56	Ambleside AC	
21	Ian	Sadler	Man	17:58	Wharfedale Harriers	
22	Paul	Reilly	MV45	18:01	Helm Hill	
23	Peter	Rigby	Man	18:11	Helm Hill	
24	Ashley	Holt	MV45	18:19	Rossendale Harriers	
25	Kate	Marriot	Lady	18:26	Keswick AC	3rd Lady
26	Paul Crabby	Crabtree	MV50	18:41	Wharfedale Harriers	
27	Phill	Craker	MV50	18:53	Ambleside AC	
28	Bryony	Halcrow	Lady	18:58	Ambleside AC	
29	Terry	McCloskey	Man	19:01	Dumfries Running Club	
30	Rohan	Akers	MV45	19:06	Wharfedale Harriers	
31	Jonny	Goldsbrough	Man	19:17	Nidderdale Fell and Trail	
32	Hannah	Cairns	Lady	19:21	Wharfedale Harriers	
33	Lauren	Munro-Bennett	Lady	19:26	Ambleside AC	
34	Justin	Tancrel	MV45	19:29	Helm Hill	
35	Adrian	Bramham	MV50	19:48	U/A	
36	Andrew	Hislop	Man	19:53	U/A	
37	Stephen	Smithies	MV50	19:59	Calder Valley	
38	Gregory	Selman	Man	20:17	U/A	
39	Jacob	Tonkin	Man	20:24	Keswick AC	
40	James	Wilson	MV40	20:25	Hunting Thirty Coaching	
41	Kirsty	Hall	LV45	20:25	Wharfedale Harriers	1st LV45
42	Paul	Knowles	MV50	20:28	Ambleside AC	
43	Greg	Meschino	MV40	20:33	U/A	
44	Steve	Brannon	MV50	20:35	Keswick AC	
45	Jon	Marchant	MV45	20:45	U/A	
46	Lily	Higgins	Lady	20:50	Ambleside AC	
47	Chris	Chambers	MV45	21:02	Keighley & Craven	
48	Emma	Hopkinson	LV45	21:19	Wharfedale Harriers	
49	Deborah	Gowans	LV50	21:24	Todmorden Harriers	1st LV50
50	Ray	Gill	MV60	21:34	Helm Hill	1st MV60
51	Catherine	Cullinane	LV50	21:36	Helm Hill	
52	Owen	Baines	MU23	21:46	U/A	
53	Stephen	Nicholls	MV40	21:56	Wigan Harriers	
54	Matthew	Hird	MV45	22:20	Wharfedale Harriers	
55	Kevin	White	MV50	22:28	U/A	
56	Jean	Powell	LV50	22:33	Wharfedale Harriers	

57	Ian	Swarbrick	MV50	22:47	Furness Fell Runners	
58	Brian	Hickey	MV60	22:53	Cheshire Hill Racers	
59	Benji	Grundy	MU23	22:54	Wharfedale Harriers	
60	Leanne	Scott	LV40	23:12	Leven Valley AC	1st LV40
61	Alan	Kelly	MV50	23:13	Ambleside AC	
62	Alison	Eagle	LV60	23:17	Wharfedale Harriers	
63	Catherine	White	LV45	23:26	Wharfedale Harriers	
64	Helen	Buchan	LV45	23:33	Calder Valley	
65	John	Jones	MV60	23:35	Helm Hill	
66	Shaun	Babar	MV50	23:38	U/A	
67	Michael	Ford	MV40	24:00	Hunting Thirty Coaching	
68	Anastasia	Winder	LV40	24:20	Furness Fell Runners	
69	Bill	Becket	MV50	24:40	Chorley AC	
70	Caroline	Harding	LV45	24:52	Pudsey & Bramley	
71	John	Orrell	MV50	24:54	U/A	
72	Linda	Rodriguez	LV40	25:02	Reigate Priory AC	
73	Lindsay	Buck	LV60	25:05	Cumberland Fell Runners	
74	Sophie	Owen	Lady	25:14	Ambleside AC	
75	Rebecca	Cook	Lady	25:22	Furness Fell Runners	
76	David	Greenwood	MV60	25:39	Rossendale Harriers	
77	Tony	Bond	MV60	26:21	U/A	
78	Denise	Tunstall	LV50	26:38	Durham Fell Runners	
79	Paul	Wilson	MV60	26:44	Wharfedale Harriers	
80	Debbie	Howard	LV50	26:45	Furness Fell Runners	
81	Howard	Proctor	MV50	26:47	U/A	
82	Lucy	Zaboklicka	LV40	27:04	Furness Fell Runners	
83	Geoff	Thompson	MV60	28:11	Wharfedale Harriers	
84	Mick	James	MV60	28:20	Trawden AC	
85	Tim	Spooner	Man	28:29	U/A	
86	Charlotte	Mountford	LV40	28:34	U/A	
87	Peter	Kelly	MV50	29:33	Achille Ratti	
88	Guy	Grayson	MV60	29:34	U/A	
89	Heather	Holden	Lady	29:57	Ambleside	
90	Andrew	Biddle	MV60	30:11	Wharfedale Harriers	
91	Trevor	Metcalfe	MV70	30:34	Wharfedale Harriers	
92	Amanda	Deane	Lady	30:53	Furness Fell Runners	
93	Catherine	Gibbs	LV60	31:30	U/A	
94	Adam	Baird	MV45	32:33	Ambleside AC	
95	Ursula	Brendling	LV50	33:33	U/A	
96	Anne	Handley	LV50	33:34	Wharfedale Harriers	
97	Su	Thompson	LV50	35:21	Wharfedale Harriers	
98	Carole	Frost	LV60	35:32	Orchard Eagles	
99	Lorna	Holt	LV45	37:10	Rossendale Harriers	
100	Kristian	Clayton	MV45	43:26	Wharfedale Harriers	

### Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Oliver	Bailey	Boy	16:03	Staffs Moorlands	1st Boy
2	Oscar	Shinn	Boy	16:51	Ilkley Harriers	2nd Boy
3	Mylo	Jewell	Boy	17:28	Cumberland FR	3rd Boy
4	Nathan	Hird	Boy	17:29	Wharfedale Harriers	
5	Alfie	Simons	Boy	17:30	Salford Harriers	
6	Jody	Mills	Boy	17:34	Marsden Racers	
7	Oliver	Oldham	Boy	18:20	Leven Valley AC	
8	Georgia	Bell	Girl	19:19	Leven Valley AC	1st Girl
9	Izzy	Wright	Girl	19:55	Keighley & Craven	2nd Girl
10	Katie	Sandham	Girl	20:15	Ambleside AC	3rd Girl
11	Jacob	Bensley	Boy	21:01	U/A	
12	Charlotte	Chambers	Girl	21:01	Keighley & Craven	
13	George	Whittlestone	Boy	21:09	Ilkley Harriers	
14	Vicky	Woof	Girl	21:19	Howgill Harriers	
15	Riley	Holt	Boy	21:38	Rossendale Harriers	
16	Max	Mountford	Boy	21:40	U/A	
17	Zoe	Brannon	Girl	22:25	Keswick AC	
18	Annie	Dickinson	Girl	22:46	Lancaster and Morcambe	
19	Ellen	Douglas	Girl	23:06	Leven Valley AC	
20	Jack	Illesley	Boy	23:22	U/A	
21	Emily	Macpherson-Littler	Girl	23:58	Bowland Fell Runners	
22	Bobby	Wilkin	Boy	25:00	U/A	
23	George	Chambers	Boy	25:04	U/A	
24	Lily-Grace	Clayton	Girl	25:39	Wharfedale Harriers	
25	Iona	Barrowdale-Smith	Girl	26:16	Leven Valley AC	
26	Reuben	Dunster	Boy	27:57	U/A	
27	Betsy	Willis	Girl	28:37	Wharfedale Harriers	
28	Melissa	Walker	Girl	34:22	Pudsey & Bramley	
29	Annie	Wilkinson	Girl	34:36	Pudsey & Bramley	

### Under 14 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Zeke	Sumner	Boy	12:56	Ambleside	1st Boy
2	Joseff	Tancrel	Boy	13:03	Helm Hill	2nd Boy
3	Will	Brayshaw	Boy	13:42	Helm Hill	3rd Boy
4	Fraser	Dunn	Boy	13:48	Helm Hill	
5	Isla	Jebb	Girl	13:49	Helm Hill	1st Girl
6	Oliver	Stenhouse	Boy	13:54	Charnwood AC	
7	Sam	Oldham	Boy	14:07	Leven Valley AC	
8	Elliot	Shackleton	Boy	14:34	Barlick FR	
9	Will	Pease	Boy	14:41	Barlick FR	
10	Cara	Bradley	Girl	15:00	Ambleside	2nd Girl
11	Noah	Zaboklicki	Boy	15:28	Furness Fell Runners	
12	Thomas	Iveson	Boy	15:40	Ambleside AC	
13	Reuben	McCloskey	Boy	15:44	Nithsdale Athletics	
14	Mack	Bagnall	Boy	15:45	Settle Harriers	
15	Daniel	Hood	Boy	15:47	Skipton AC	
16	Lottie	Hesketh	Girl	15:59	Blackburn Harriers	3rd Girl
17	Oscar	Clayton	Boy	16:03	Clayton-le-Moors	
18	Lucy	Bell	Girl	16:04	Leven Valley AC	
19	Sam	Midgley	Boy	16:05	Trawden AC	
20	Luke	Davison	Boy	16:17	Cumberland FR	
21	Carl	Sanderson	Boy	16:19	Settle Harriers	
22	Riley	Scott	Boy	16:39	Leven Valley AC	
23	Annie	Chambers	Girl	16:43	Keighley & Craven	
24	Isabelle	Jebb	Girl	16:51	Bingley Harriers	
25	Oliver	Scott	Boy	16:53	Leven Valley AC	
26	Rose	Noble	Girl	16:59	Dark Peak FR	
27	Lily	Slater	Girl	17:13	Ambleside AC	
28	Henry	Murray	Boy	17:26	Leven Valley	
29	Joseph	Cook	Boy	18:08	Furness Fell Runners	
30	Emma	Hope	Girl	18:15	Chorley AC	
31	Holly	Nicholls	Girl	18:22	Wigan Harriers	
32	Isabel	Sanderson	Girl	18:39	Helm Hill	
33	Katelyn	Douglas	Girl	18:39	Leven Valley AC	
34	Florrie	Haddow	Girl	18:48	Furness Fell Runners	
35	Zach	Dunstan	Boy	18:49	U/A	
36	Bethany	Swarbrick	Girl	21:24	Furness Fell Runners	
37	Elsbeth	Martin	Girl	22:28	Furness Fell Runners	

### Under 12 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Noah	Cook	Boy	08:22	Furness Fell Runners	1st Boy
2	Theo	Zaboklicki	Boy	08:33	Furness Fell Runners	2nd Boy
3	Tom	Craker	Boy	08:48	Ambleside AC	3rd Boy
4	Charlie	Headley	Boy	08:52	Keighley & Craven	
5	Magnus	Foxwell	Boy	08:54	Ambleside AC	
6	Josh	Dent	Boy	09:11	U/A	
7	Thomas	Jebb	Boy	09:12	Bingley Harriers	
8	Bleu	Bailey	Girl	09:17	Staffs Moorlands	1st Girl
9	Jos	Jebb	Boy	09:30	Helm Hill	
10	Harry	Mason	Boy	09:34	Helm Hill	
11	Maisie	Oddy	Girl	09:38	Wharfedale Harriers	2nd Girl
12	Rhys	Price	Boy	09:54	Darlington Harriers	
13	Mia	McGoldrick	Girl	09:54	Settle Harriers	3rd Girl
14	Kit	Evans	Boy	09:58	Ambleside AC	
15	Mila	Barron	Girl	09:59	Ambleside AC	
16	Iris	Thwaites	Girl	10:04	Ambleside AC	
17	Alfie	Cummins	Boy	10:12	Ballymore Cobh AC	
18	James	Skeldon	Boy	10:13	Settle Harriers	
19	Milo	Williams	Boy	10:29	Helm Hill	
20	Charlie	Potter	Boy	10:35	Helm Hill	
21	Peter	Butler	Boy	10:41	Ambleside AC	
22	James	McAleese	Boy	10:51	Ambleside AC	
23	Teddy	Wilson	Boy	10:54	Hunting Thirty Coaching	
24	Olive	Akers	Girl	10:55	Otley AC	
25	Lewis	Dalton	Boy	11:02	Helm Hill	
26	Rowan	Bradley	Boy	11:03	Ambleside	
27	Evan	Knoulton	Boy	11:05	Aberdeen Metro	
28	William	Bamforth	Boy	11:21	Ambleside AC	
29	Joss	Wood	Boy	11:33	Helm Hill	
30	Madisyn	Strydom	Girl	11:36	Furness Fell Runners	
31	Arthur	Dickinson	Boy	11:40	Lancaster and Morcambe	
32	Lola	Hodgson	Girl	11:48	Ambleside AC	
33	Jamie	Atkinson	Boy	11:53	U/A	
34	India	Bellwood	Girl	11:55	Keighley & Craven	
35	Joe	Maguire	Boy	12:00	Lancaster and Morecambe AC	
36	Sebastian	Chambers	Boy	12:02	Keighley & Craven	
37	Victoria	Hood	Girl	12:12	Skipton AC	
38	Sophie	Lawson	Girl	12:43	Ambleside AC	
39	Lucy	Ward	Girl	12:56	Settle Harriers	
40	Joey	Holt	Boy	13:28	Rossendale Harriers	
41	Abbey	Wrathall	Girl	13:37	U/A	
42	Elodie	Haslett	Girl	13:54	Helm Hill	
43	Hugh	Baron	Boy	13:58	U/A	
44	Isabel	Sumner	Girl	14:05	U/A	
45	Andrew	Skeldon	Boy	14:44	Settle Harriers	
46	Flynn	McCloskey	Boy	15:25	Nithsdale Athletics	
47	Leila	McShane	Girl	15:34	U/A	
48	Miles	Lefton	Boy	15:46	Ambleside AC	
49	Joss	Tyson	Boy	16:15	Ambleside AC	
50	Mary	Goodyear	Girl	16:43	Bingley Harriers	
51	Guiliana	Baron	Girl	16:50	U/A	

### Under 9 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Calum	McGoldrick	Boy	05:40	Settle Harriers	1st Boy
2	Charlie	Cummins	Boy	06:21	Ballymore Cobh AC	2nd Boy
3	Billy	White	Boy	06:35	Keighley & Craven	3rd Boy
4	Judah	Basham	Boy	06:37	Ambleside AC	
5	Finlay	McGoldrick	Boy	06:41	Settle Harriers	
6	Freddie	Fretwell	Boy	06:46	Settle Harriers	
7	Thomas	Knoulton	Boy	06:47	Aberdeen Metro	
8	Thomas	Akers	Boy	06:51	Otley AC	
9	Ted	McAleese	Boy	06:56	Ambleside AC	
10	Hannah	Nicholls	Girl	06:56	Wigan Harriers	1st Girl
11	Isla	Dalton	Girl	07:00	Helm Hill	2nd Girl
12	Teigan	Wilcock	Girl	07:22	Ambleside AC	3rd Girl
13	April	Mawson	Girl	07:25	Ambleside AC	
14	Maya	Zaboklicka	Girl	07:26	Furness Fell Runners	
15	Isla	Mason	Girl	07:29	Helm Hill	
16	George	Williams	Boy	07:31	Porthcawl United	
17	Lyra	Haslett	Girl	07:58	Helm Hill	
18	Marcel	Koniarczyk	Boy	07:59	U/A	
19	Gabrielle	Murray	Girl	08:14	Leven Valley	
20	Charlie	Swainson	Boy	08:22	U/A	
21	George	Butler	Boy	08:43	Ambleside AC	
22	Sam	Bamforth	Boy	08:47	Ambleside AC	
23	Robyn-Grace	Strydom	Girl	08:49	Furness Fell Runners	
24	William	Kelly	Boy	08:57	U/A	
25	Saul	Sargent	Boy	09:27	U/A	
26	Felix	Dunster	Boy	09:56	U/A	
27	Lewis	McKim	Boy	10:04	Ambleside AC	
28	Lana	Lefton	Girl	10:11	Ambleside AC	
29	Lilylane	Rothwell	Girl	10:52	U/A	
30	Beatrice	Butlin-Garside	Girl	11:07	U/A	
31	Joy	Basham	Girl	11:11	Ambleside AC	
DNF	Jaxon	Smith	Boy	DNF	U/A	